



# October 2021 Elementary School Lunch Menu

1<sup>st</sup> Lunch/Breakfast: Free  
Extra Lunch Cost \$ 2.75  
Extra Breakfast Cost \$ 1.50  
Extra Milk \$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Daily Milk Choices</b> 1% White 1% Chocolate 1% Strawberry 1% Orange Cream</p>	<p><b>Daily Entrée Choices</b> Chef Salad with Soft Pretzel Grades 3-6 <b>OR</b> Peanut Butter &amp; Jelly Uncrustable &amp; Cheese Stick &amp; Crackers</p>	<p><b>USDA REQUIREMENT</b> <i>Students Must Select at Least 1 Item from the Vegetable or Fruit Varieties Offered Daily</i></p>		<p><b>1</b> Bosco Stix with Marinara Sauce Steamed Broccoli <b>AND/OR</b> Cheesy Cauliflower Fruit Choice</p>
<p><b>4</b> Wild Mike's Round Pizza Fresh Broccoli with Ranch <b>AND/OR</b> Green Beans Fruit Choice</p>	<p><b>5</b> Toasted Cheese Sandwich Tomato Soup <b>AND/OR</b> Green Peas Fruit Choice Goldfish Crackers</p>	<p><b>6</b> Country Fried Steak &amp; Gravy with Dinner Roll Mashed Potatoes <b>AND/OR</b> Green Beans Fruit Choice</p>	<p><b>7</b> Mini Corn Dogs Cheesy Cauliflower <b>AND/OR</b> Country Mixed Vegetables Fruit Choice Cookie</p>	<p><b>8</b> Popcorn Chicken Baked Beans <b>AND/OR</b> Baked Curly Fries Fruit Choice</p>
<b>11 Fall Break</b>	<b>12 Fall Break</b>	<b>13 Fall Break</b>	<b>14 Fall Break</b>	<b>15 Fall Break</b>
<p><b>18</b> Crispy Chicken Nuggets Tangy Cucumber &amp; Tomato Salad <b>AND/OR</b> Country Mixed Vegetables Fruit Choice</p>	<p><b>19</b> Meaty Nachos Mixed Green Salad <b>AND/OR</b> Taco Fiesta Black Beans Fruit Choice Rice Krispie Treat</p>	<p><b>20</b> Crunchy Hawaiian Chicken Wrap Roasted Chickpeas <b>AND/OR</b> Corn Fruit Choice</p>	<p><b>21</b> Bacon, Egg, &amp; Cheese Extravaganza Sausage Patty Seasoned Potato Stix Fruit Choice Muffin Cookie</p>	<p><b>22</b> Stuffed Crust Pizza Steamed Carrots <b>AND/OR</b> Fresh Broccoli with Ranch Fruit Choice</p>
<p><b>25</b> Hot Dog &amp; Bun Mixed Green Salad <b>AND/OR</b> Sweet Potato Fries Fruit Choice</p>	<p><b>26</b> Creamy Mac &amp; Cheese Tangy Cucumber &amp; Tomato Salad <b>AND/OR</b> Steamed Carrots Fruit Choice Fruit Snacks</p>	<p><b>27</b> Crispy Chicken Leg with Dinner Roll Mashed Potatoes <b>AND/OR</b> Green Peas Fruit Choice</p>	<p><b>28 Manager's Choice</b> Baked Beans <b>AND/OR</b> Manager's Choice Fruit Choice Cookie</p>	<p><b>29</b> Asian Chicken with Veggie Fried Rice Far East Veggie Blend <b>AND/OR</b> Crinkle Cut Carrots with Ranch Fruit Choice</p>

Breakfast	<p><b>Monday 4,25</b> Muffin Yogurt Fruit or Juice Milk</p>	<p><b>Tuesday 5, 26</b> French Toast Sticks Syrup Cup Fruit or Juice Milk</p>	<p><b>Wednesday 6, 27</b> Yeast Donut Holes Popcorn Chicken Fruit or Juice Milk</p>	<p><b>Thursday 7, 28</b> Bacon, Egg, &amp; Cheese Eggstravaganza Fruit or Juice Milk</p>	<p><b>Friday 8, 29</b> Sausage Biscuit Fruit or Juice Milk</p>
	<p><b>Monday 18</b> Sausage Pancake Wrap Syrup Cup Fruit or Juice Milk</p>	<p><b>Tuesday 19</b> Bagel &amp; Cream Cheese Fruit or Juice Milk</p>	<p><b>Wednesday 20</b> Yeast Donut Fruit or Juice Milk</p>	<p><b>Thursday 21</b> Biscuit Sticks Sausage Gravy Fruit Juice Milk</p>	<p><b>Friday 1, 22</b> Gold Apple Oatmeal Fruit Juice Milk</p>

This menu is subject to change. This institution in an equal opportunity provider. Free and Reduces applications are available in the school Office or at [www.jcsc.org](http://www.jcsc.org).