



LUNCHTHYME

A Subsidiary of Progressive Catering for Schools

Valley Preparatory School September '19

*All lunches include: Complimentary sides, fresh fruit and/or veggies

Choice of 1% white milk, juice or water

* Nut free, Non trans fat oil, dressings are gluten free.

<p>Circle desired lunches</p>	<p>Mon 2 No Hot Lunch Labor Day</p>	<p>Tues 3 Beef Taquitos w sour cream</p>	<p>Wed 4 Chicken Hot Dog</p>	<p>Thurs 5 Sloppy Joe's Yummy ground beef in tomato sauce between 2 hamburger buns) Very popular retro dish.</p>	<p>Fri 6 Homemade Pepperoni Pizza Fresh Green Salad Fruit Melody ICE CREAM FRIDAYS \$1</p>
<p>NAME: GRADE:</p>	<p>9 Breakfast for Lunch Belgium Waffles Turkey Sausage links Hash browns Apple Sauce</p>	<p>10 Beef Soft Taco</p>	<p>11 100% all beef hamburger Lettuce & Tomato</p>	<p>12 Chicken Teriyaki served over steamed rice</p>	<p>13 Homemade Cheese Pizza Fresh Green Salad Fruit Melody ICE CREAM FRIDAYS \$1</p>
	<p>16 Chicken Nuggets</p>	<p>17 Cheese Quesadilla w/ sour cream</p>	<p>18 Spaghetti Marinara</p>	<p>19 Chicken Teriyaki over white steamed rice</p>	<p>20 Homemade Pepperoni Pizza Fresh Green Salad Fruit Melody ICE CREAM FRIDAYS \$1</p>
	<p>23 Bean & Cheese Burrito</p>	<p>24 Chicken Patty Melt</p>	<p>25 Fettucine Alfredo</p>	<p>26 Grilled Cheese</p>	<p>27 Homemade Cheese Pizza, Fresh Green Salad & Fruit Medley ICE CREAM FRIDAYS \$1</p>
	<p>30 Gourmet Chicken Hot Dog</p>				

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