

PROCEDURE FOR TREATMENT OF ANAPHYLAXIS

DEFINITION: Anaphylaxis is a severely **LIFE THREATENING** allergic reaction which may be brought on by insect bites and stings, ingestion or contact with some other allergen (food, etc.).

1. SIGNS AND SYMPTOMS

- a. Difficulty breathing, choking sensation
- b. Extreme anxiety
- c. Puffy face, mouth, or eyelids
- d. Hives or extensive rash
- e. Generalized swelling.
- f. Sneezing, coughing or asthmalike wheezing

2. FIRST AID TREATMENT

- a. Phone 911 **IMMEDIATELY**
- b. If student responds and has an epinephrine pen, help the student to go get it and ask the student to use it. If a student cannot give the injection, use Epi-pen if you are trained to do so by following directions on the pen.
- c. Call parents.
- d. If the student stops responding, start the steps of CPR if trained to do so.