



**WEST OSO HIGH SCHOOL**  
**ATHLETIC PROGRAM**  
**BOYS & GIRLS TRACK & FIELD**  
**2021**



DATE	MEET	LOCATION/SITE
<b>FEBRUARY</b>	11-13	TBA
	18	CCISD METRO RELAYS
	25	CUERO INVITATIONAL
<b>MARCH</b>	5	BEAR RELAYS
	11-13	TBA
	18-19	CHATTER ALLEN RELAYS
	26-27	TEXAS RELAYS
<b>APRIL</b>	1 & 3	TBA
	7-8	DISTRICT TRACK MEET
	14	AREA
	23-24	REGIONALS
<b>MAY</b>	7-8	UIL STATE MEET

**HEAD COACHES:**

Venita Tryon

Quincy Sims

**GIRLS ASST. COACHES:**

Sara Meador

Marissa Reyes

Chardae Tryon

**BOYS ASST COACHES:**

Abram Carpenter

Dominique Richardson

Brad Smithey



**SUPERINTENDENT:**

Conrado Garcia

**ATHLETIC DIRECTOR:**

Cheryl Fillmore

**ATHLETIC TRAINER:**

Joshua Bunnell

**PRINCIPAL**

Terry Avery

**ASST. PRINCIPAL**

Dana Moore

UPDATED: 1.28.2021

*Run with your legs to be fast. Run with your mind to be faster.  
 Run with your heart to be UNSTOPPABLE!*