

JFK, WOE & JH Lunch Menu



Hot Dog w/ Chili Broccoli w/ cheese Buttered Corn Pink Applesauce Choice of Milk	Pepperoni Pizza Carrot Sticks w/ Ranch Dark Green Salad Sliced Peaches Choice of Milk	Chili Mac Dark Green Salad Bean of the Week Wheat Rolls Mixed Fruit Choice of Milk	Grilled Cheese Sandwich Carrot Sticks w/ Ranch Celery Sticks w/ Ranch Diced Pears Choice of Milk	Chicken Burger Burger Salad Sweet Potato Fries Fresh Fruit Choice of Milk	September 14-18 October 12-16 November 9-13 December 14-18 January 25-29 February 22-26 March 29-April 2 April 26-30 May 24-28
Chicken Fried Steak Mashed Potatoes Green Beans Wheat Rolls Sliced Apples Choice of Milk	Ham Macaroni & Cheese Sliced Carrots Broccoli Whole Wheat Roll Mixed Fruit Choice of Milk	Beef Tacos Lettuce & Tomatoes Spanish Rice Pinto Beans Pineapple Tidbits Choice of Milk	Chicken & Broccoli Casserole Corn Sliced Carrots Garlic Sticks Sliced Peaches Choice of Milk	Cheese Burger Burger Salad Tator Tots Fresh Fruit Choice of Milk	September 21-25 October 19-23 November 16-20 January 4-8 February 1-5 March 1-5 April 5-9 May 3-7
Burrito w/ Chili Buttered Corn Baby Carrots w/ Ranch Rainbow Applesauce Choice of Milk	Pepperoni Pizza Celery w/ Ranch Dark Green Salad Diced Pears Choice of Milk	Spaghetti Dark Green Salad Sliced Carrots Garlic Sticks Pineapple Tidbits Choice of Milk	Chicken Nuggets w/ Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Rolls Sliced Peaches Choice of Milk	Chicken Burger Burger Salad French Fries Fresh Fruit Choice of Milk	Sept 28-Oct 2 October 26-30 Nov 20-Decr 4 January 11-15 February 8-12 March 15-19 April 12-16 May 10-14
Salisbury Steak w/ Gravy Mashed Potatoes Broccoli w/ Cheese Whole Wheat Rolls Sliced Peaches Choice of Milk	Chicken Strips w/ Gravy Tator Tots Green Beans Pink Applesauce Choice of Milk	Beef Tacos Lettuce & Tomatoes Spanish Rice Pinto Beans Pineapple Tidbits Choice of Milk	Fried Chicken Mac & Cheese Sliced Carrots Diced Pears Choice of Milk	Cheese Burger Burger Salad French Fries Fresh Fruit Choice of Milk	October 5-9 November 2-6 December 7-11 January 18-22 February 15-19 March 22-26 April 19-23 May 17-21

***Menus are subject to change**

In accordance with the Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

High School Lunch Menu



Hot Dog w/ Chili Broccoli w/ cheese Buttered Corn Pink Applesauce Choice of Milk	Chicken Nuggets French Fries Green Beans Wheat Rolls Diced Peaches Choice of Milk	Chili Mac Dark Green Salad Bean of the Week Wheat Rolls Mixed Fruit Choice of Milk	Grilled Cheese / Grilled Turkey & Cheese Sandwich Carrot Sticks w/Ranch Celery Sticks w/Ranch Diced Pears Choice of Milk	Chicken Burger Burger Salad Sweet Potato Fries Fresh Fruit Choice of Milk	September 14-18 October 12-16 November 9-13 December 14-18 January 25-29 February 22-26 March 29-April 2 April 26-30 May 24-28
Chicken Fried Steak Mashed Potatoes Green Beans Wheat Rolls Sliced Apples Choice of Milk	Ham Macaroni & Cheese Sliced Carrots Broccoli Mixed Fruit Choice of Milk	Beef Tacos Lettuce & Tomatoes Spanish Rice Pinto Beans Pineapple Tidbits Choice of Milk	Chicken & Broccoli Casserole Corn Sliced Carrots Garlic Sticks Sliced Peaches Choice of Milk	Cheese Burger Burger Salad Tator Tots Fresh Fruit Choice of Milk	September 21-25 October 19-23 November 16-20 January 4-8 February 1-5 March 1-5 April 5-9 May 3-7
Burrito w/ Chili Buttered Corn Baby Carrots w/ Ranch Rainbow Applesauce Choice of Milk	Chicken Strips w/ Gravy Tator Tots Green Beans Diced Pears Choice of Milk	Lasagna Dark Green Salad Sliced Carrots Garlic Sticks Pineapple Tidbits Choice of Milk	Steak Fingers w/ Gravy Mashed Potatoes Mixed Vegetables Whole Wheat Rolls Sliced Peaches Choice of Milk	Chicken Burger Burger Salad French Fries Fresh Fruit Choice of Milk	Sept 28-Oct 2 October 26-30 Nov 20-Dec 4 January 11-15 February 8-12 March 15-19 April 12-16 May 10-14
Salisbury Steak w/ Gravy Mashed Potatoes Broccoli w/ Cheese Sliced Peaches Choice of Milk	Pepperoni Pizza Celery w/ Ranch Carrot Sticks w/ Ranch Dark Green Salad Pink Applesauce Choice of Milk	Beef Tacos Lettuce & Tomatoes Spanish Rice Pinto Beans Pineapple Tidbits Choice of Milk	Rotisserie Chicken Mac & Cheese Sliced Carrots Diced Pears Choice of Milk	Cheese Burger Burger Salad French Fries Fresh Fruit Choice of Milk	October 5-9 November 2-6 December 7-11 January 18-22 February 15-19 March 22-26 April 19-23 May 17-21

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