

**Second
Choice**

Peanut Butter &
Jelly
Or Deli Turkey
Sandwich

OCTOBER

MVED LUNCH MENU

**Second
Choice**

Chef Salad
Or
Deli Ham
Sandwich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Pizza Day
Assorted veggies
Assorted fruit
Milk

4
**Tater Tot
Hotdish**
Assorted veggies
Assorted fruit
Milk

5
Chicken Taco
Assorted
Assorted fruit
Milk

6
**Orange
Chicken**
Assorted veggies
Assorted fruit
Milk

7
**Grilled
Cheese**
Tomato soup
Assorted fruit
Milk

8
**Chicken
Patty**
Assorted Veggies
Assorted fruit
Milk

11
**Chicken
Gravy**
Mashed Potatoes
Assorted fruit
Milk

12
Beefy Nachos
Assorted veggies
Assorted fruit
Milk

13
Spaghetti
Breadstick
Assorted fruit
Milk

14
**Mini Corn
dogs**
French Fries
Assorted fruit
Milk

15
Pizza Day
Assorted veggies
Assorted fruit
Milk

18
**Chili Cheese
Hot Dog**
Assorted veggies
Assorted fruit
Milk

19
Beef Gyros
Assorted veggies
Assorted fruit
Milk

20
**Chicken
Patty**
Assorted veggies
Assorted fruit
Milk

21
**No School
MEA**

22
**No School
MEA**

25
**Orange
Chicken**
Assorted veggies
Assorted fruit
Milk

26
**Swedish
Meatballs**
Marinara
Assorted fruit
Milk

27
**Crispy
Chicken Bowl**
Assorted Veggies
Assorted fruit
Milk

28
**Walking
Tacos**
Refried beans
Assorted fruit
Milk

29
Pizza Day
Assorted veggies
Assorted fruit
Milk