

Second Choice

Chef Salad
Or
Deli Ham
Sandwich

NOVEMBER

MNVED LUNCH MENU

Second Choice

Peanut Butter &
Jelly
Or Deli Turkey
Sandwich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>Teacher Work Shop No School</p>	<p>2</p> <p>Tachos Refried beans Assorted fruit Milk</p>	<p>3</p> <p>Orange Chicken Assorted veggies Assorted fruit Milk</p>	<p>4</p> <p>Grilled Cheese Tomato soup Assorted fruit Milk</p>	<p>5</p> <p>Pizza Day Assorted veggies Assorted fruit Milk</p>
<p>8</p> <p>Mini Corn dogs French Fries Assorted fruit Milk</p>	<p>9</p> <p>Beefy Nachos Assorted veggies Assorted fruit Milk</p>	<p>10</p> <p>Spaghetti Breadstick Assorted fruit Milk</p>	<p>11</p> <p>Mac & Cheese Assorted Assorted fruit Milk</p>	<p>12</p> <p>Chicken Patty Assorted Veggies Assorted fruit Milk</p>
<p>15</p> <p>Chili Cheese Hot Dog Assorted veggies Assorted fruit Milk</p>	<p>16</p> <p>Chicken Stir Fry Brown Rice Assorted fruit Milk</p>	<p>17</p> <p>BBQ Chicken Hoagie Assorted veggies Assorted fruit Milk</p>	<p>18</p> <p>Breakfast for lunch Tater tots Assorted fruit Milk</p>	<p>19</p> <p>Pizza Day Assorted veggies Assorted fruit Milk</p>
<p>22</p> <p>Orange Chicken Assorted veggies Assorted fruit Milk</p>	<p>23</p> <p>Swedish Meatballs Marinara Assorted fruit Milk</p>	<p>24</p> <p>Chicken Parm Assorted Veggies Assorted fruit Milk</p>	<p>25</p> <p>Thanksgiving Break No School</p>	<p>25</p> <p>Thanksgiving Break No School</p>
<p>29</p> <p>Tater Tot Hotdish Assorted veggies Assorted fruit Milk</p>	<p>30</p> <p>Beef Gyros Assorted veggies Assorted fruit Milk</p>		<p>Text here.</p> <p>FRESH PICKS</p>	 <p>Choose MyPlate.gov</p>

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

ELIOR NORTH AMERICA

For questions and comments, please email the Food Service Director at xxx@aviands.com or call xxx-xxx-xxxx

This institution is an equal opportunity provider