

SEPTEMBER

MVED LUNCH MENU

Second Choice

Chef Salad
Or
Deli Ham Sandwich

Second Choice

Peanut Butter & Jelly
Or Deli Turkey Sandwich

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30

Chicken Nuggets

Assorted veggies
Assorted fruit
Milk

31

Beef BBQ Riblet

Assorted veggies
Assorted fruit
Milk

1

Bosco Sticks

Marinara sauce
Assorted fruit
Milk

2

Corn Dog

Assorted veggies
Assorted fruit
Milk

3

Chicken Alfredo

Breadstick
Assorted fruit
Milk

6

No School Labor Day

7

Chicken Fajita

Assorted
Assorted fruit
Milk

8

Orange Chicken

Assorted veggies
Assorted fruit
Milk

9

Grilled Cheese

Tomato soup
Assorted fruit
Milk

10

Meatball sub

Assorted veggies
Assorted fruit
Milk

13

Mini Corn dogs

French Fries
Assorted fruit
Milk

14

Beefy Nachos

Assorted veggies
Assorted fruit
Milk

15

Spaghetti

Breadstick
Assorted fruit
Milk

16

Mac & Cheese

Breadstick
Assorted fruit
Milk

17

Sloppy Joe

Tater Tots
Assorted fruit
Milk

20

Chili Cheese Hot Dog

Assorted veggies
Assorted fruit
Milk

21

Beef Gyros

Assorted veggies
Assorted fruit
Milk

22

BBQ Chicken Hoagie

Assorted veggies
Assorted fruit
Milk

23

Breakfast for lunch

Tater tots
Assorted fruit
Milk

24

Chicken Parm

Garden Salad
Assorted fruit
Milk

27

Orange Chicken

Assorted veggies
Assorted fruit
Milk

28

Swedish Meatballs

Marinara
Assorted fruit
Milk

29

Chicken Philly

Assorted Veggies
Assorted fruit
Milk

30

Walking Tacos

Refried beans
Assorted fruit
Milk



NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

ELIOR NORTH AMERICA

For questions and comments, please email the Food Service Director at xxx@aviands.com or call xxx-xxx-xxxx

This institution is an equal opportunity provider