

# Social and Emotional Resources

While we have been sharing information regarding distance learning and student learning, we don't want to ignore the social and emotional health of our students and families. Here are some links to several sources that can guide you in working with your children and provide assistance with some of your family's critical needs. We hope that you and your family are staying safe, both physically and emotionally, during this time.

- [Read the Arizona Department of Child Safety's top 10 tips for parents \(PDF\).](#)
- [View contacts and resources for Social Workers \(PDF\).](#)
  - [Recursos Comunitarios \(PDF\).](#)
- [View links and resources for social and emotional learning \(SEL\) during COVID-19 \(PDF\).](#)
  - [Recursos para ayudar a los niños y familias a manejar los cambios durante el COVID-19 \(PDF\).](#)
- [View the United Parent Council's resource list \(PDF\).](#)
  - [Consejo Unido de Padres del Distrito Escolar Paradise Valley lista de recursos \(PDF\).](#)
- [View the CDC's Talking with Children about Coronavirus guide.](#)
- [Browse the National Association of School Psychologists' health crisis resources.](#)
  - [Echen un vistazo a los recursos de los Psicólogos Escolares sobre la crisis de salud.](#)
- [Explore resources from Teen Lifeline.](#)
- [ADE's Social & Emotional Resources : ADE's Social & Emotional Resources](#)