

Monday

Tuesday

Wednesday

1

8

Thursday

2

9

Friday

PIG IN A BLANKET **BBQ SIDEWINDER FRIES** KETCHUP PACKET **BROCCOLI PARMESAN** PINEAPPLE CHUNKS MILK- CHOCOLATE 1% 1% WHITE MILK

MILK- WHITE F.F.

BBQ GRILLED CHICKEN **FILET** W.G. HAMBURGER BUN ROSEMARY REDSKIN POTA

CAPRI BLEND VEGGIES CANNED SLICED PEACHES VANILLA PUDDING CUP, TFF MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F

CHEESEBURGER ON A BUN SAVORY GREEN BEANS SMILEY POTATOES KETCHUP PACKET MUSTARD PACKET MIXED BERRY LEMON FROZEN FRUIT CUP MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

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NO SCHOOL TODAY

MUCHO NACHOS TORTILLA CHIPS LETTUCE, TOM., &CHS. CUP SOUR CREAM **BABY CARROTS DOLE FRUIT DELUXE** CONFETTI FILLED COOKIE MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

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BBQ PULLED PORK ON A BUN **BBQ BAKED BEANS** Best baked beans around! CATALINA BLEND VEGGIES MIXED BERRY LEMON FROZEN FRUIT CUP MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

CHICKEN PATTY (No Antibiotics Ever) ROASTED SWEET POTATOE

SAVORY GREEN BEANS CANNED SLICED PEACHES MILK- CHOCOLATE 1% MILK- WHITE F.F 1% WHITE MILK

17

TURKEY & SWISS CHEESE DELI ON A FRENCH ROLL SEASONED CRISP **BATTER BITES CHERRY STAR** VEG & FRUIT JUICE BLEND FAT FREE RANCH DRESSIN

SLICED STRAWBERRIES MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

13

BEEF RAVIOLI BOSCO BREADSTICK TOSSED SALAD **CUCUMBER SLICES** FAT FREE RANCH DRESSIN

PINEAPPLE CHUNKS MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

14

CHICKEN FAJITA MEAT TORTILLA SHELL LETTUCE, TOM., &CHS. CUP SOUR CREAM TACO SAUCE PACKET **MEXICAN BEANS** MARION BLACKBERRIES MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

15

22

W.G. CORN DOG POTATO SPUDSTERS SEASONED CARROTS **BLUEBERRY PEARLS** MINI RICE KRISPY TREAT MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

JAPANESE CHERRY **BLOSSOM CHICKEN** CHICKEN FRIED RICE **CELERY STICKS** WANGO MANGO VEG & FRUIT JUICE BLEND MANDARIN ORANGES MILK- CHOCOLATE 1% MILK- WHITE F.F 1% WHITE MILK

16

DEEP DISH CHEESE PIZZA **CORN NIBLETS** TOSSED SALAD FAT FREE RANCH DRESSIN G

STRAWBERRIES MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

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CHICKEN TENDERLOIN AU GRATIN POTATOES SEASONED CARROTS **STRAWBERRIES** MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

21

TACO SALAD BOWL **BEEF TACO MEAT** LETTUCE, TOM., &CHS. CUP SOUR CREAM TACO SAUCE PACKET **MEXICAN BEANS** PEARS SLICED CONFETTI FILLED COOKIE MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F

BREADED FISH STICKS SEASONED CRISPY **CRINKLE FRIES** SEASONED CARROTS SLICED APPLE'S IN A BAG MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

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2.2oz WG ROLL **MASHED POTATOES** CHICKEN GRAVY SAVORY GREEN BEANS CANNED SLICED PEACHES MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F.

SALISBURY STEAK N GRAV

24

MEATBALL SUB SMILEY POTATOES FRESH BROCCOLI FAT FREE RANCH DRESSIN G

BLUEBERRY PEARLS SUGAR COOKIE WG MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F.

CHICKEN PATTY (No Antibiotics Ever) MACARONI AND CHEESE BROCCOLI PARMESAN WANGO MANGO VEG & FRUIT JUICE BLEND CANNED SLICED PEACHES MILK- CHOCOLATE 1% MILK- WHITE F.F. 1% WHITE MILK

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PULLED PORK FRITOS LETTUCE, TOM., &CHS. CUP SOUR CREAM TACO SAUCE PACKET MEXICAN BEANS PEARS SLICED SUGAR COOKIE WG MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F.

28

SPAGHETTI/ MEAT SAUCE GARLIC BREADSTICK **TOSSED SALAD CUCUMBER SLICES** FAT FREE RANCH DRESSIN PINEAPPLE CHUNKS MILK- CHOCOLATE 1%

MILK- WHITE F.F.

1% WHITE MILK

TYSON POPCORN CHICKEN 2.2oz WG ROLL MASHED POTATOES CHICKEN GRAVY SEASONED CARROTS FRESH ORANGE MILK- CHOCOLATE 1% 1% WHITE MILK MILK- WHITE F.F.

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FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Aug 9, 2021