

January 2022

Vernon Elementary School

* This institution is an Equal Opportunity Provider. Menus subject to change. Milk choice with each meal. All Juice Served is 100% Juice. Menus subject to change. Vegetable Bar available every Tuesday and Thursday.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Christmas Break!!</p>	<p>Happy New Year!</p>	<p>***** Christmas Break!</p>	<p>***** Happy New Year!</p>	<p>***** Welcome Back!!!!! 😊</p>
<p>3 Oatmeal W/Toast Peaches, Milk ***** Raviolis/Cheese sticks WG Rolls Peas n carrots Mixed Fruit, Milk</p>	<p>4 Cheese Crisp W/Salsa Oranges, Milk ***** Chicken Fajitas Ranch Beans Diced Lettuce, Tomatoes Pears, Milk</p>	<p>5 Scrambled eggs, Sausage Applesauce, Milk ***** Tomato soup Grilled Cheese Broccoli Cinnamon Apples, Milk</p>	<p>6 Pancakes W/Blueberries Syrup, Milk, sausage ***** Pulled PRK Sandwiches Potato wedges Carrots Peaches, Milk</p>	<p>*****</p>
<p>10 Scrambled Eggs W/Toast Peaches, Milk ***** KFC Chicken Bowl Mashed Potatoes Corn, Broccoli, WG Biscuit Mixed Fruit, Milk</p>	<p>11 Bagel W/cream cheese Oranges, Milk ***** Tostadas, lettuce, Tomatoes Refried Beans Spanish Rice Pears, Milk</p>	<p>12 Cheese crisp W/Salsa Applesauce, Milk ***** Breakfast for Lunch Biscuit w/Gravy. Hash brown Sausage, scrambled eggs Cinnamon Apples, Milk</p>	<p>13 Cream of wheat W/Toast Peaches, Milk ***** Ham sandwich W/Pickles Baked beans Carrots, celery Peaches & Milk</p>	<p>*****</p>
<p>17 ***** No School!!! Martin Luther King Day!!!</p>	<p>18 Banana muffin, Yogurt Oranges, Milk ***** Bean N Cheese burritos Lettuce n tomatoes Spanish Rice Pears, Milk</p>	<p>19 Breakfast Burrito/salsa Apple, Milk ***** Beef Stroganoff Steamed Broccoli Peas n carrots, W/ Roll Applesauce, Milk</p>	<p>20 Biscuit W/gravy Peaches, Milk ***** Turkey spinach Pinwheel Baked Beans Carrots, Celery Peaches, Milk</p>	<p>*****</p>
<p>24 Oatmeal W/Toast Peaches, Milk ***** Salisbury Steak Mashed Potatoes, Roll Carrots, corn Mixed Fruit, Milk</p>	<p>25 Cheese Crisp W/Salsa Oranges, Milk ***** Chili Beans WG crackers, Carrots, Celery Pears, milk</p>	<p>26 Pancakes W/Sausage Applesauce, Milk Chicken noodle soup Mixed salad WG Roll Cinnamon Apples, milk</p>	<p>27 Biscuit W/Gravy Peaches, Milk Chili dogs French fries Carrots, celery Peaches, Milk</p>	<p>*****</p>