




November

PCSD #1 – BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK	2 SAUSAGE BREAKFAST BURRITO FRUIT SALSA JUICE MILK	3 BAGEL CREAM CHEESE Yogurt, cheese stick or sunflower seeds FRUIT MILK	4 WAFFLES FRUIT Yogurt, cheese stick or sunflower seeds JUICE MILK	5 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK
8 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK	9 SAUSAGE BISCUIT FRUIT JUICE MILK	10 CHERRY FRUDEL Yogurt, cheese stick or sunflower seeds FRUIT MILK	11 BREAKFAST PIZZA FRUIT JUICE MILK	12 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK
15 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK	16 EGG & CHEESE WRAP SALSA JUICE MILK	17 APPLE FRUDEL Yogurt, cheese stick or sunflower seeds FRUIT MILK	18 BREAKFAST ON A STICK FRUIT JUICE MILK	19 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK
22 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK	23 SAUSAGE BREAKFAST BURRITO FRUIT SALSA JUICE MILK	24 	25 	26 
29 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK	30 SAUSAGE BISCUIT FRUIT JUICE MILK	Dec 1 CHERRY FRUDEL Yogurt, cheese stick or sunflower seeds FRUIT MILK	Dec 2 BREAKFAST PIZZA FRUIT JUICE MILK	Dec 3 COLD CEREAL Yogurt, cheese stick or sunflower seeds FRUIT MILK

Choice of milk served daily with breakfast.

Menus are subject to change without notice.

PCSD #1 is an Equal Opportunity Provider and Employer