

November 2020 PVHC - SFSP

*all meals served w/whole grains, Milk, and Juice.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------|---|---|--|--|---|------------------------------|
| 1 No Meal Service | 2 Scrambled Eggs Bacon/Sausage Donut Cereal Beef Pot Roast Baked Potatoes Carrots | 3 Scrambled Eggs Bacon/Sausage Scone Cereal Crunchy Ranch Chicken Mashed Potato w/Gravy Peas | 4 Scrambled Eggs Bacon/Sausage Pancakes w/syrup Cereal Glazed Ham Honey Roasted Yams Green Beans | 5 Scrambled Eggs Bacon/Sausage Cinnamon Roll Cereal Chicken Parmesan Pasta Asparagus | 6 Scrambled Eggs Biscuits & Gravy Cereal Chicken Chimichangas Spanish Rice Corn | 7 No Meal Service |
| 8 No Meal Service | 9 Scrambled Eggs Bacon/Sausage Donut Cereal Pork Chop Mashed Potato w/Gravy Scandinavian Veggies | 10 Scrambled Eggs Bacon/Sausage Scone Cereal Macaroni & Cheese Capri Veggies | 11 Scrambled Eggs Bacon/Sausage Pancakes w/syrup Cereal Hot Turkey Sandwich Mashed Potato w/Gravy Green Beans | 12 Scrambled Eggs Bacon/Sausage Cinnamon Roll Cereal Hamburger Stroganoff Buttered Noodles Mixed Veggies | 13 Scrambled Eggs Biscuits & Gravy Cereal Chili Cornbread Mexi-Corn | 14 No Meal Service |
| 15 No Meal Service | 16 Scrambled Eggs Bacon/Sausage Donut Cereal Hot Dog on a bun Chips Baked Beans | 17 Scrambled Eggs Bacon/Sausage Scone Cereal Walking Taco's Lettuce/tom/onion Mexi-Corn | 18 Scrambled Eggs Bacon/Sausage Pancakes w/syrup Cereal Lasagna Garlic Bread Green Beans | 19 Scrambled Eggs Bacon/Sausage Cinnamon Roll Cereal BBQ Riblet Potato Salad Buttered Cauliflower | 20 Scrambled Eggs Biscuits & Gravy Cereal Chicken & Biscuit Casserole Capri mix veggies | 21 No Meal Service |
| 22 No Meal Service | 23 Scrambled Eggs Bacon/Sausage Donut Cereal Salisbury Steak Mashed Potato w/Gravy Mixed veggies | 24 Scrambled Eggs Bacon/Sausage Scone Cereal Breaded Fish Rice Pilaf Cauliflower & Cheese | 25 No Meal Service | 26 No Meal Service | 27 No Meal Service | 28 No Meal Service |
| 29 No Meal Service | 30 Scrambled Eggs Bacon/Sausage Donut Cereal Chicken Dijon Rice Pilaf Buttered Broccoli | | | | | |