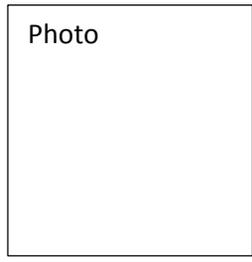


Park County School District #1 Anaphylaxis Action Plan (2)

Name _____ Grade _____ Age _____ Teacher _____
 Parent/Guardian _____ Ph (H) _____ Ph (C) _____
 Emergency Contact #1 _____ Phone _____
 Emergency Contact #2 _____ Phone _____
 Physician _____ Phone _____
 Allergies: _____
 Asthma: Yes (higher risk for severe reaction) No
 Weight: _____ lbs.



Mild Symptoms of Exposure to Allergen

If you see this:	Do this:
Nose: itchy/runny nose, sneezing Mouth: itchy mouth Skin: a few hives, mild itch Gut: Mild nausea/discomfort	1. Antihistamine may be given with parent approval and/or HCP orders. 2. Stay with the student; alert parent and school nurse. 3. Watch closely for changes. If symptoms worsen, give epinephrine.

Severe Symptoms of Exposure to Allergen

If you see this:	Do this:
Lung: Short of breath, wheezing, repetitive cough Heart: Paleness, faint, weak pulse, dizzy Throat: Tight, hoarse, trouble breathing/swallowing Mouth: Significant swelling of the tongue and/or lips Skin: Many hives over body, widespread redness Gut: Repetitive vomiting, severe diarrhea Other: Feeling something bad is about to happen, anxiety, confusion OR A COMBINATION of symptoms from different body areas	1. INJECT EPINEPHRINE IMMEDIATELY. 2. Call 911. Tell them the student is having anaphylaxis and may need epinephrine when they arrive. <ul style="list-style-type: none"> • Alert parent and school nurse • Consider giving additional medications following epinephrine, such as an antihistamine or inhaler (bronchodilator) if wheezing. • Lay the student flat, raise the legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side. • If symptoms do not improve, or symptoms return, more doses of epinephrine may be given 5-20 minutes after the last dose. • Have them transported to ER even if symptoms resolve.

Medications/Doses

Epinephrine Brand _____ Epinephrine Dose 0.15 mg IM 0.3 mg IM
 Antihistamine Brand/Generic _____ Antihistamine Dose _____
 Other (e.g. inhaler-bronchodilator if wheezing) _____
 Comments _____

Parent/Guardian Signature _____
 Physician Signature _____

Park County School District #1 Anaphylaxis Action Plan (2)

EPIPEN[®] 0.3 mg EPINEPHRINE AUTO-INJECTOR

See other side for instructions

1 Pull off blue safety release.

2 Swing and firmly push orange tip against outer thigh so it 'clicks' AND HOLD on thigh approx. 10 seconds to deliver drug.

3 Seek emergency medical attention.

Rx only
After use, most of liquid stays in auto-injector and can't be reused.
Delivers 0.3 mg intramuscular dose of epinephrine from epinephrine injection 1:1000 USP (0.3 mL). Each 0.3 mL also contains 1.8 mg sodium chloride and 0.5 mg sodium metabisulfite.

EPIPEN[®] 0.3 mg EPINEPHRINE AUTO-INJECTOR
for Allergic Emergencies (Anaphylaxis)

REPLACE
IF SOLUTION IS DISCOLORED

STORE AT 25°C (77°F); EXCURSIONS PERMITTED TO 15-30°C (59-86°F) DO NOT REFRIGERATE. PROTECT FROM LIGHT. CONTAINS NO LATEX.

Mfd. for Dey, L.P., Napa, CA 94558 USA
by Meridian Medical Technologies, Inc., Columbia, MD 21046 USA
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NEEDLE ↓ END

NEEDLE ↓ END

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Pat. Pending 001514 05-08-02