




## PCSD #1: OCTOBER 2020 – LUNCH MENU

MONDAY	TACO TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 28	SEPT 29	SEPT 30	1	2
<b>GRILLED CHEESE SANDWICH</b> TOMATO SOUP CARROTS PEACHES MILK & HEALTH BAR	<b>HARD SHELL TACOS</b> <i>(corn shells, ground beef, cheese, toppings)</i> REFRIED BEANS GRAPES PEPPERS MILK & HEALTH BAR	<b>SPAGHETTI &amp; MEAT SAUCE</b> GARLIC TOAST GREEN BEANS APPLESAUCE MILK & HEALTH BAR	<b>BBQ PORK RIB SANDWICH</b> <i>(bun, pork riblet patty, toppings)</i> POTATO SALAD FRUIT CUP SUGAR SNAP PEAS MILK & HEALTH BAR	<b>PIZZA</b> LETTUCE SALAD CUCUMBER SLICES PINEAPPLE TIDBITS MILK & HEALTH BAR
5	6	7	8	9
<b>TURKEY BACON RANCH WRAP</b> SUNCHIPS SPINACH SALAD FRUIT MILK & HEALTH BAR	<b>WALKING TACOS</b> <i>(chips, ground beef, shredded cheese)</i> CORN FRUIT COOKIE MILK & HEALTH BAR	<b>CHILI</b> CINNAMON ROLL CARROTS FRUIT MILK & HEALTH BAR	<b>BUFFALO CHICKEN SANDWICH</b> POTATO TOTS CELERY FRUIT MILK & HEALTH BAR	<b>POPCORN CHICKEN</b> WAFFLES COLESLAW FRUIT MILK & HEALTH BAR
12	13	14	15	16
<b>SWEET &amp; SOUR CHICKEN</b> BROWN RICE VEGETABLE EGGROLL CARROTS FRUIT MILK & HEALTH BAR	<b>TOT-CHOS</b> <i>(tater tots, ground beef, nacho cheese)</i> BANANA BREAD TOMATOES FRUIT MILK & HEALTH BAR	<b>TURKEY &amp; NOODLES</b> ROLLS PEAS FRUIT MILK & HEALTH BAR	<b>SLOPPY JOE SANDWICH</b> SWEET POTATO FRIES BROCCOLI FRUIT MILK & HEALTH BAR	<b>NO SCHOOL</b>  
19	20	21	22	23
<b>BISCUITS &amp; SAUSAGE GRAVY</b> TRI-TATERS EGG PATTY FRUIT MILK & HEALTH BAR	<b>CHICKEN TACOS</b> RICE REFRIED BEANS FRUIT MILK & HEALTH BAR	<b>CHICKEN PATTY SANDWICH</b> POTATO FRIES SUGAR SNAP PEAS FRUIT MILK & HEALTH BAR	<b>CHICKEN FIESTA SOUP</b> CHEESE QUESADILLAS CELERY FRUIT MILK & HEALTH BAR	<b>PIZZA</b> LETTUCE SALAD PUDDING CUP FRUIT MILK & HEALTH BAR
26	27	28	29	30
<b>CHICKEN STRIPS</b> MASHED POTATOES & GRAVY BISCUIT FRUIT MILK & HEALTH BAR	<b>BEEF &amp; CHEESE BURRITO</b> CORN CHURRO FRUIT MILK & HEALTH BAR	<b>TURKEY ALFREDO</b> BREAD STICK GREEN BEANS FRUIT MILK & HEALTH BAR	<b>PULLED PORK SANDWICH</b> BAKED BEANS CARROTS FRUIT MILK & HEALTH BAR	<b>CHICKEN NUGGETS</b> MACARONI & CHEESE LETTUCE SALAD FRUIT MILK & HEALTH BAR

Choice of 1% white or chocolate milk served daily.  
 Menus are subject to change without notice.  
 PCSD #1 is an Equal Opportunity Provider and Employer