



# October



## PCSD #1 – CLARK BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>And all at once, summer collapsed into fall. ~Oscar Wilde</p>		<p>Bittersweet October. The mellow, messy, leaf-kicking perfect pause between the opposing miseries of summer and winter. ~Carol Bishop Hipps</p>		<p><b>COLD CEREAL</b> YOGURT FRUIT MILK</p> <p style="text-align: right;">1</p>
<p><b>COLD CEREAL</b> SUNFLOWER KERNELS FRUIT MILK</p> <p style="text-align: right;">4</p>	<p><b>EGG &amp; CHEESE WRAP</b> SALSA JUICE MILK</p> <p style="text-align: right;">5</p>	<p><b>APPLE FRUDEL</b> CHEESE STICK FRUIT MILK</p> <p style="text-align: right;">6</p>	<p style="text-align: right;">7</p>	<p><b>BREAKFAST ON A STICK</b> FRUIT JUICE MILK</p> <p style="text-align: right;">8</p>
<p><b>COLD CEREAL</b> CHEESE STICK FRUIT MILK</p> <p style="text-align: right;">11</p>	<p><b>COLD CEREAL</b> SUNFLOWER KERNELS FRUIT MILK</p> <p style="text-align: right;">12</p>	<p><b>SAUSAGE BREAKFAST BURRITO</b> FRUIT SALSA JUICE MILK</p> <p style="text-align: right;">13</p>	<p><b>BAGEL</b> CREAM CHEESE YOGURT FRUIT MILK</p> <p style="text-align: right;">14</p>	<p style="text-align: center;"><b>NO SCHOOL</b></p> <p style="text-align: right;">15</p>
<p><b>WAFFLES</b> FRUIT JUICE MILK</p> <p style="text-align: right;">18</p>	<p><b>COLD CEREAL</b> SUNFLOWER KERNELS FRUIT MILK</p> <p style="text-align: right;">19</p>	<p><b>SAUSAGE BISCUIT</b> FRUIT JUICE MILK</p> <p style="text-align: right;">20</p>	<p><b>CHERRY FRUDEL</b> CHEESE STICK FRUIT MILK</p> <p style="text-align: right;">21</p>	<p><b>BREAKFAST PIZZA</b> FRUIT JUICE MILK</p> <p style="text-align: right;">22</p>
<p><b>COLD CEREAL</b> YOGURT FRUIT MILK</p> <p style="text-align: right;">25</p>	<p><b>COLD CEREAL</b> SUNFLOWER KERNELS FRUIT MILK</p> <p style="text-align: right;">26</p>	<p><b>EGG &amp; CHEESE WRAP</b> SALSA JUICE MILK</p> <p style="text-align: right;">27</p>	<p><b>APPLE FRUDEL</b> CHEESE STICK FRUIT MILK</p> <p style="text-align: right;">28</p>	<p><b>BREAKFAST ON A STICK</b> FRUIT JUICE MILK</p> <p style="text-align: right;">29</p>

Choice of fat-free white milk, 1% white milk, or 1% chocolate milk served daily with breakfast.

Menus are subject to change without notice.

PCSD #1 is an Equal Opportunity Provider and Employer