



East Brook Middle School

"A Great Place to Grow Up"

190 Spring Valley Road
Paramus, New Jersey 07652
(201)-261-7800

Thomas J. LoBue
Principal
Ryan Aupperlee
Asst. Principal

September 2019

Dear Parents/Guardians of 5th and 7th grade students,

As was previously mentioned in the September 2019 letter, we will be conducting screening for scoliosis as per state guidelines. Students in **grades 5 and 7** will be screened, unless otherwise indicated.

Scoliosis is defined as a spinal condition in which the spine may curve to the right or to the left. It is most commonly found during periods of rapid growth and may progress if not treated. The purpose of this screening program is to recognize scoliosis at its earliest stage. If your child is found to have a possible problem, you will be notified and asked to have a further examination by your private physician.

Screenings will take place during regularly scheduled physical education classes. All screenings will be done privately and boys and girls will be screened separately. Boys will be asked to remove their shirts and girls should wear a sports bra, camisole top, swimsuit or leotard. You will be notified only if a medical follow-up exam is necessary.

If we do not receive the exemption note at the bottom of this form by November 15th, 2019, your child will be screened for scoliosis. Please feel free to contact us at the school if you have any further questions or concerns (201-261-7800 Ext. 8126). Thank you in advance for your cooperation.

Sincerely,

Mrs. Manuela Reina, RN, CSN
School Nurse
cc: Mr. Thomas J. LoBue, Principal

EXEMPTIONS (Students without an exemption will be automatically screened)

Please complete this form if you wish to **exclude** your child from the scoliosis screening.

_____ I prefer that my child **NOT** be screened for scoliosis in school.

_____ My child has been previously diagnosed with a spinal problem and is under the care of a private physician.

Student's Name/Grade _____