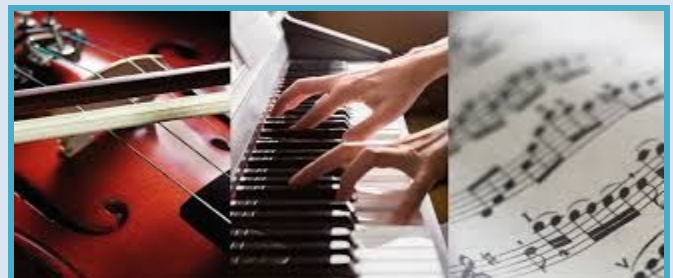
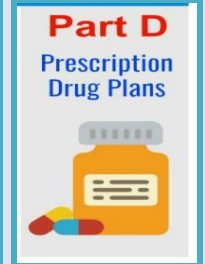


Paramus Community School Adult and Youth Classes

2020 Fall Classes



**The Seven
Deadly Sins
of Estate
Planning**



Paramus Community School 145 Spring Valley Road Paramus, New Jersey 07652
Register online at <https://register.capturepoint.com/paramuspublicschools>
or contact Lynda J. Ariyan Email: Lynda.Ariyan@paramusschools.org

Music

ADULT AND YOUTH PRIVATE MUSIC LESSONS

10-week Fall session begins the week of September 21st and ends the week of November 30th Makeup week December 7th

YMF30 Youth Fall Private Music Lessons Minute Lessons Fee \$360.00	30	YMF45 Youth Fall Private Music Lessons 45 Minute Lessons Fee \$455.00	YMF60 Youth Fall Private Music Lessons 60 Minute Lessons Fee \$635.00
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AMF30 Adult Fall Private Music Lessons Minute Lessons Fee \$360.00	30	AMF45 Adult Fall Private Music Lessons 45 Minute Lessons Fee \$455.00	AMF60 Adult Fall Private Music Lessons 60 Minute Lessons Fee \$635.00
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Learning from home has become second nature due to our new norm. We would like to keep our musicians prepared for when we can finally perform in public. We are offering music lessons using facetime or zoom. Lessons will be offered for students who have some experience and can fundamentally set up, tune, have past knowledge of at least 1 year of lessons, own or rent student books instruments for instruction. You may sign up for 10 lessons at 30 minutes, 45 minutes or 60 minutes. Instruments that will be taught: Piano, guitar, voice, flute, oboe, clarinet, trumpet, French horn, trombone, baritone, tuba, saxophone, percussion, violin, viola, cello, and string bass. Once registered, the music coordinator will set up the day and time of your lesson. **Please sign up by September 10th to allow time to schedule lessons.** All registrations must be completed by this date! Call Judy Wilkes, music coordinator at 201 742-3711

ADULT CLASSES

FINANCIAL OPTIONS

FO1 ELDER LAW AND ESTATE PLANNING

fee \$15.00 Single/\$20.00 Couple Wednesday, November 18, 2020 7:00PM-8:30PM Minimum 5 students

Elderly individuals and their children are faced with a wide range of questions, particularly relating to basic legal documents that they need to control their personal and financial lives, how to reduce or eliminate inheritance tax, as well as financing long term care. This course is designed to address the importance of drafting a will, living trust, financial and medical powers of attorney. This course will also address the different types of funding for facilities, such as private pay, long term care insurance, and government assistance; client eligibility for government programs such as Medicare and Medicaid will also be discussed at length. **Instructor Marize Helmy or Michael A. Manna**

FO2 SEVEN DEADLY SINS OF ESTATE PLANNING

fee \$15.00 Single/\$20.00 Couple Thursday, October 15, 2020 7:00PM-8:30PM Minimum 5 students

Despite the Information Age we are living in, with access to mass amounts of information readily available at our fingertips, our law firm continues to find people making the same mistakes relating to estate planning and asset preservation. This course is designed to share the top seven mistakes repeatedly made, to enable you to avoid them. After all, "A smart person learns from their mistakes; A wise person learns from other people's mistakes." **Instructor Marize Helmy or Michael A. Manna**

HEALTH AND WELLNESS

HW1 UNLOCK THE KEYS TO GREATNESS

Fee \$40.00 2 Sessions, Tuesdays, November 10 and 17, 2020 7:00PM-9:00PM

Let Certified Canfield trainers help you unlock your potential and master the techniques needed to attain your goals. This experiential workshop will instruct you on cutting edge practices to clarify your life vision and illuminate the steps needed to create change in your life. Learn to effectively use visualizations and affirmations, hone in on your special gifts, clarify your purpose and replace fear-based thinking with empowering self-talk. Master the Art of Success based on the results of best-selling author and motivational coach Jack Canfield. His New York Times worldwide best seller, The Success Principles, provides essential strategies for people from all walks of life to create the life they want. **Instructors: Dawn Romeo, LCSW, LCADC, LLC and Linda Voogd, MA, LCADC**

HW2 NAVIGATING THE MEDICARE PROCESS

Fee \$25.00 1 Session, Tuesday, October 13, 2020 2:00PM-3:30PM Maximum 20

This course will discuss the basics of Medicare: Medicare Parts A and B and the limitations, Medicare Advantage—Part C and Medicare Part D, and prescription drug coverage. Discuss when and how to enroll in Medicare, how much Medicare costs, the enrollment period, Medicare coverage, and why you might be at risk for thousands of dollars of out of pocket medical expenses. You will learn about Medicare Supplement Plans, details if you were to choose a Medicare Advantage Plan, and how to make the right decisions on your healthcare when turning 65 to provide you with peace of mind and confidence. **Instructor: Stuart Schwartz**

YOUTH CLASSES

ENRICHMENT

CHESS NEW BEGINNER

Fee \$130.00 7 Sessions Minimum 6 students

This class is for kids who are new or maybe just know the very basic moves. We will teach about the different pieces and how they move, the diagram of the chess board, simple openings and end-games (check-mate). For more information, E-mail: info@brainyakkid.com or call Christine Wu 201-925-3701 www.brainyakkid.com Instructor: Brainyak Staff

YE1 Chess New Beginner Grades 1st-4th
Thursdays, October 15-December 3, 2020 4:30PM-5:30PM

YE1A New Beginner Grades 2+
Tuesdays, October 13-November 24, 2020 7:00PM-8:00PM

CHESS BEGINNER

Fee \$130.00 7 Sessions Minimum 8 students

This class is for kids who have knowledge on how to end the game (understanding the difference between checkmate as opposed to simply capturing the king). Kids finishing their first Brainyak chess class should join this class. We will introduce basic tactics, simple opening and end-game patterns to identify and create winning opportunities. For more information, E-mail: info@brainyakkid.com or call Christine Wu 201-925-3701 www.brainyakkid.com Instructor: Brainyak Staff

YE1B Chess Beginner Grades 1st-4th
Wednesdays, October 14-December 2, 2020 6:30PM-7:30PM

YE1C Chess Beginner Grades 1+
Mondays, October 19-November 30, 2020 5:30PM-6:30PM

CHESS INTERMEDIATE

Fee \$140.00 7 Sessions Minimum 8 students

Chess starts to get a little challenging at this level! The foundation prepared in earlier classes will pave the way to deeper thinking and planning skills. We will explore the academics and fascinating games that broaden the eyes of higher-level thinking: more complex end-game patterns, tactics, piece structures and strategies. Kids in this class are welcome to our online tournaments to sharpen their skills. For more information, E-mail: info@brainyakkid.com or call Christine Wu 201-925-3701 www.brainyakkid.com Instructor: Brainyak Staff

YE1D Chess Intermediate Grades 3+
Wednesdays, October 14-December 2, 2020 6:00PM-7:00PM

YE1E Chess Intermediate Grades 1+
Tuesdays, October 13-November 24, 2020 5:45PM-6:45PM

YE1F CHESS ADVANCED GRADES 3+

Fee \$180.00 7 Sessions, Thursdays, October 15-December 3, 2020 7:00PM-8:15PM Minimum 6 students

If your child is new to this class, please contact Christine before registering. Kids will get into the competitive world by joining this class! More online tournament opportunities will be introduced. For more information, E-mail: info@brainyakkid.com or call Christine Wu 201-925-3701 www.brainyakkid.com Instructor: Brainyak Staff

SAT PREP VIRTUAL CLASSROOM THROUGH ZOOM

Fee \$465.00 for 8 Sessions (Prep for the November SAT)

Lentz & Lentz is proud to be offering a live online virtual classroom for SAT and PSAT prep. With easy to use screen sharing technology hosted through ZOOM, we were able to create a virtual classroom in which the instructor and all students can communicate with one another. These lessons proceed according to the exact same format as our classroom lesson plans, and everything our instructors write down over the course of the lesson, and all of the problems, notes, and solutions covered during a particular class, will be visible online. Should students have any questions, they can push a button to raise their hand. Questions are answered in real time and there is also access to free individualized extra-help. For information call Lentz & Lentz at 845-638-2826. Instructor: Lentz and Lentz Staff

YE2 SAT Prep Class starts September 23 and 24, 2020
Wednesdays, English- 6:00PM-7:30 PM and Thursdays, Math- 7:30PM- 9:00PM

YE2A SAT Prep Class starts September 26, 2020
Saturdays, English 9:00AM-10:30AM and Saturdays, Math-11:00AM-12:30PM

SPORTS

TGA OF BERGEN COUNTY GOLF AND TENNIS

Fee: \$139.00 for 6 Sessions

TGA coaches lead students via live virtual instruction through lessons and activities to develop the fundamentals of the sport while improving skills and gaining confidence. Students also learn the rules and etiquette of the game, the history, and vocabulary of the sport.

Tuesdays, September 15-October 20, 2020
YS4 TGA Golf Grades 1st-4th 4:00PM-5:00PM
YS4A TGA Golf Grades 5th-8th 5:00PM-6:00PM
For more information contact Fred at
fferber@playtga.com or 845-499-3416

Thursdays, September 17-October 22, 2020
YS5 TGA Tennis Grades 1st-4th 4:00PM-5:00PM
YS5A TGA Tennis Grades 5th-8th 5:00PM-6:00PM
For more information contact Christine at
ckostianis@playtga.com or 917-304-3986

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GENERAL INFORMATION The Board of Education has appointed a Supervisor for the Adult and Youth classes. The Paramus Community School provides the administrative and operational expenses of the program in its annual budget. It is intended that, except for these basic expenditures, the program will be self-sustaining.

The Paramus Community School is a hidden gem that provides courses designed to promote educational, recreational, physical well-being and cultural activities for children and adults. The Paramus Community School promotes the Paramus Board of Education’s mission, to develop all students as open-minded life-long learners, who pursue their dreams and add value to the world.

Courses which are instructed by licensed professionals are solely for the intended purpose of the course as set forth in the course description, and not for the solicitation of advice and/or medical diagnosis which may be related to the field in which the licensed professional practices.

CANCELLATIONS OF CLASS If class is cancelled due to an emergency, we will make-up the missed session. If the Paramus Community School along with the instructor is not able to make-up the missed session, class will not be rescheduled and we will not provide a refund for the class session.

REFUNDS/CREDITS/PAYMENTS

ABSOLUTELY NO REFUNDS OR CREDITS FOR ANY REASON TWO DAYS BEFORE CLASS BEGINS OR AFTER THE FIRST MEETING OF CLASS. If there is low enrollment two business days prior to the class start date, the Paramus Community School will cancel class and provide you with a full refund. If a student requests to cancel class, this must be done at least three days before the start date of the class. A refund minus a \$25.00 processing fee will be provided. The Paramus Community School does not prorate or provide a make-up class for late registration or a missed session. Payments are made in the form of a credit card (Discover, MasterCard, Visa).

Visit Our Website: <https://register.capturepoint.com/paramuspublicschools>