








East Orange School District
Early Childhood Department
 125 Glenwood Ave.
 East Orange, NJ 07017

June Summer Activities (Returning Pre-K Students)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  Play "I Spy" by finding 5 things that begin with the first letter in your name Veo 5 cosas que comienzan con la primera letra de mi nombre	2 Do 20 jumping jacks as you count to 20. Haz 20 saltos de tijera 	3 Bubbles Galore: Fill a cup half-way with water. Add 1 squirt of dish soap. Place straw in cup and blow.	4 Count how many forks and spoons you have Cuántos tenedores y cucharas tenemos en casa	5 Play Simon Says with a family member. Take turns being Simon (the leader)	6 Enjoy the Weekend!
7 Enjoy the Weekend!	8 Build a fort with pillows, cushions, and blankets	9 Count how many light switches are in your house	10 Draw or paint a picture of your family Haz un dibujo de tu familia	11 Cook or bake something with a family member Ayuda a un familiar a cocinar	12 Make a card for someone special Haz una tarjeta para alguien especial	13 Enjoy the Weekend!
14 Flag Day 	15 Last Day of School for Students! Turn on the radio and have a dance party with your family	16 Find the shortest and tallest person in your family Cual es la persona más pequeña y grande de tamaño de tu familia	17 Play a game with your family	18 Hunt for things in your home that begin with each letter in your first name. Busca cosas en casa que comienzan con las letras de tu nombre	19 Read your favorite story with a family member. Discuss your favorite part. Leele tu historia favorita a alguien de la familia	20 Enjoy the Weekend!
21 Father's Day 	22 Make a musical instrument out of something recycled	23 Sort the laundry. Match the socks and count how many pairs Ayuda a ordenar la ropa lavada por colors.	24 Create a shopping list with pictures and words Ayuda a escribir hacer una lista de compras	25 Practice writing your first and last name. Practice saying your address.	26 Practice washing your hands for 20 seconds and count to 20 Práctica lavandote las manos contando hasta 20(segundos)	27 Enjoy the Weekend!
28 Enjoy the Weekend!	29 Rip up old magazines and papers to make a collage	30 Play tic tac toe with a family member 				

July Summer Activities (Returning 1st-3rd Students)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 Read a story with a family member. Discuss your favorite part of the story.</p> <p>Leele tu historia favorita a alguien de la familia. Luego hablen de cual fue su parte favorita.</p>	<p>2 Social Emotional- How to Give Clear Direction: Avoid giving direction with multiple steps, such as “Stop running.” Instead, state the direction in a positive term—If you want your child to stop throwing, say, “Aaron, toys stay in the play area”. Then provide positive feedback.</p>	<p>3 Write your first and last name two times.</p> <p>Escribe tu nombre completo 2 veces.</p>	<p>4 Independence Day</p> 
<p>5 Enjoy the Weekend!</p>	<p>6 Find 4 things that are brown. Busca 4 cosas que sean marron</p> 	<p>7 Find two items in your house that are shaped like a rectangle. Find two items that are shaped like a triangle. Busca en casa 2 cosas que tengan la forma rectangular y triangular.</p>	<p>8 Read your favorite story to a stuffed animal. Draw your favorite part of the story. Leele tu historia favorita a tu juguete favorito.</p>	<p>9 Social Emotional- What To Do If Your Child Has a Tantrum: Take a deep breath and avoid getting angry at the moment. Lower your voice, acknowledge that your child is upset, and state your position calmly and straight to the point. If a child is in danger of hurting himself or others—Clear the area; or move the child to a safe area. Allow your child to calm down and remain quiet until he or she calms down -Read <i>Tuckle Turtle</i> by clicking on the link below: https://youtu.be/i2bWzBX72iw</p>	<p>10 Jump 20 times while counting. Hop 20 times while counting. Cuenta y brinca 20 veces.</p>	<p>11 Enjoy the Weekend!</p>
<p>12 Enjoy the Weekend!</p>	<p>13 Make play dough: Put 2 cups flour, 2 tbsp vegetable oil, ½ cup salt, 2 tbsp cream of tartar in a large bowl. Add 1 to 1 ½ cups boiling water until consistency is just right. Create the letters in your name with play dough.</p>	<p>14 Poke q-tips, straws or hard macaroni into play dough. What can you create using your imagination?</p>	<p>15 Read a story with a family member. Draw your favorite character. Leele tu historia favorita a alguien de la familia. Luego dibuja tu personaje favorito de la historia.</p>	<p>16 Social Emotional: Guess and Learn Emotions. Draw happy, sad, angry, excited with your child. Have your child tell you which emotions you drew, then take turns demonstrating the emotion. You can also do this audio emotion activity as another option- <i>“The Feeling Book”</i> click on the link below. https://youtu.be/VGmauNIYPCo</p>	<p>17 Practice saying your phone number. Say it three times in a row. Practica tu numero de telefono</p>	<p>18 Enjoy the Weekend!</p>

<p>19</p> <p>Enjoy the Weekend!</p>	<p>20</p> <p>Sink or Float Make predictions of some items you find in your house. What will float and sink? Then test it out! (Can be done in the bathtub, sink or a large container)</p>	<p>21</p> <p>Line up five toys from smallest to biggest. How do you know the toy is the smallest/biggest?</p>	<p>22</p> <p>Read a book to your favorite stuffed animal. Retell the story to a family member. What happened 1st, next, and last.</p>	<p>23 TAKE 5 Breathing: The best time to practice TAKE 5 breathing or any calming method is to do it with your child when they are not stressed. -Stretch hand out like a star- -With one finger of your right-hand start tracing the fingers of your left hand- -Slide up each finger slowly taking a deep breath and slide down your finger slowly blowing out the same breath. The purpose of this exercise is to focus on something else and to relieve anger or frustration.</p>	<p>24</p> <p>Practice writing numbers 1-10 Practica escribiendo los números del 1-10</p>	<p>25</p> <p>Enjoy the Weekend!</p>
<p>26</p> <p>Enjoy the Weekend!</p>	<p>27</p> <p>Clap out the syllables in your name; a friend's name; a cousin's name; etc. Who has the most syllables in their name? Who has the least?</p>	<p>28</p> <p>Make numbers 1-10 using play dough. Then practice writing numbers 1-10.</p>	<p>29</p> <p>Play a game with a family member.</p>	<p>30 5 STEPS to Managing BIG FEELINGS</p> <ol style="list-style-type: none"> 1.Remind your child that it is never ok to hurt others 2.Help them take 5 deep breaths or slowly count to 5 3.Help them to use words that describe how they feel 4.Tell them to ask for help to solve the problem. 5.Show your child that they can use their words to get what they want 	<p>31</p> <p>Practice saying and writing your first name. Práctica como decir tu nombre completo</p>	

August Summer Activities (returning from students)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Enjoy the Weekend!	3 Count and clap to 20. Jump and count to 20. Use playdough to make numbers 11-20. Practice writing numbers 11--20.	4 Color Scavenger Hunt: Find 2 items that are red. Find 3 items that are blue. Find 4 items that are yellow. Find five items that are green. How many items do you have altogether?	5 Shape Hunt: Find 2 items in your house that are shaped like a circle. Find 3 items shaped like a square. Find 4 items shaped like rectangle. Find 5 items that are shaped like a triangle. Count how many items you found altogether. Discuss how they are similar/different.	6 Teaching Your Child Self-Control Be clear about rules and what you expect. The easier the rules the better your child will understand them. -Follow a daily routine. -Give frequent reminders of what your expectations are. -Use positive reinforcement and praise. -Model positive behavior. If you expect your child to talk about their feelings, talk about things that make YOU happy, sad, frustrated and what you do to feel better.	7 Find two different items in your home and create an A-B pattern. Example: fork, spoon, fork, spoon...	8 Enjoy the Weekend!
9 Enjoy the Weekend!	10 Count ten of something. (cars, toys, socks, crayons, etc) Practica haciendo grupos de diez	11 Identifying food groups. Begin with fruits or vegetables. You can discuss the benefits of eating fruits and vegetables. Identificando grupos de comida(vegetales y frutas). Hablen sobre los beneficios de comer vegetales y frutas.	12 Ask a family member to read you a book. Then draw a picture of your favorite part of the book. Leele tu historia favorita a alguien de la familia. Luego dibuja tu parte favorita de la historia.	13 Tell your child a simple story about something she did that was funny or interesting. See if your child can retell a different story about herself.	14 Practice saying and writing your last name. Practica escribiendo y diciendo tu apellido	15 Enjoy the Weekend!
16 Enjoy the Weekend!	17 Line up your family's shoes from smallest to biggest. Línea los zapatos de tus familiares desde el más pequeño hasta el más grande.	18 Empty egg carton sorter. Sort items by size, color, shape. You can use rocks, marbles, small lego cubes, beads, buttons. Count how many you have of each.	19 Retell a favorite book to someone in your family. Look at the pictures on each page to help you. Leele tu historia favorita a alguien de la familia	20 Use stuffed animals to act out an argument. Talk first about how the different animals are feeling. Then talk about different ways to come to an agreement.	21 A pair is two items that are the same. Find three pairs of something in your home. How are they similar/different? Busca cosas en casa que sean igual y diferentes. Explica porque son iguales o diferentes.	22 Enjoy the Weekend!

August Summer Activities Continued (Returning 1st-4th Graders)

<p>23</p> <p>Enjoy the Weekend!</p>	<p>24</p> <p>Practice tying your shoes</p> <p>Práctica a como hamara tus zapatos/tenis</p>	<p>25</p> <p>Practice catching. Ball up a piece of paper or newspaper and play catch with a family member</p> <p>Practica tirando y atrapando un bola.</p>	<p>26</p> <p>Ask a family member to tell you a story using only words. Tell your family member what you liked about the story.</p> <p>Leele tu historia favorita a alguien de la familia. Dile a tu familiar que te diga cual es su parte favorita de la historia.</p>	<p>27</p> <p>Play games with your child such as Go Fish, Checkers, Candy Land. Board games or card games that have three or more rules are great.</p>	<p>28</p> <p>Practice saying your full name. Say it five times in a row. Write it three times.</p> <p>Practica diciendo tu nombre completo. Escríbelo 5 veces.</p>	<p>29</p>
<p>30</p> <p>Enjoy the Weekend!</p>	<p>31</p> <p>Draw or paint a picture of you and your family. Encourage your child to add as many details as possible and then tell you about his/her picture. Write down what your child said. Read it back to them.</p>	