

**Early Childhood-Preschool Covid-19  
14-Day At- Home Instruction Plan**

	Daily Lessons and Activities
Day 1	<p><b>Literacy-</b> Have your child look around the house and find objects that begin with the letters B, M, W, C, S, F, V and E</p> <p><b>Phonological Awareness-</b> Rhyming Card Activity</p> <p><b>Math</b> – Clap and Count to 10 and make groups of items in your house from 1-10</p>
Day 2	<p><b>Literacy-</b> What is your Plan for the Day? Write your plan “I am going to _____</p> <p><b>Phonological Awareness-</b> Recite your favorite rhyme-Humpty, Dumpty</p> <p><b>Math</b> – How many shapes can you find around your house – Circle, triangle, square, and rectangle. Draw the shapes you find</p>
Day 3	<p><b>Literacy</b> – Have your child read a book to someone and draw a picture of their favorite part</p> <p><b>Phonological Awareness-</b> Penny, Nickel, Dime Poem</p> <p><b>Math</b> – Write the numbers: 1, 2, 3, 4, 5</p>
Day 4	<p><b>Literacy</b> – Have your child practice writing their First Name two times</p> <p><b>Phonological Awareness-</b>Create silly words that begin with the initial sound in child’s name</p> <p><b>Math</b> – Line up five toys in your house. Which toy is first? Which toy is last?</p>
Day 5	<p><b>Literacy</b>– Have your child sing the alphabet song and try to write the capital letters from A-M</p> <p><b>Phonological Awareness-</b> Rhyming Card Activity</p> <p><b>Math</b> – March 10 steps. Hop ten times on one foot. Hop ten times on the other foot.</p>
Day 6	<p><b>Literacy-</b> Rhyme Time – Say 10 words that rhyme</p> <p><b>Phonological Awareness-</b> Recite favorite Poem- Little Boy Blue</p> <p><b>Math</b> – If you have 3 apples and add 2 more, how many apples do you have all together?</p>
Day 7	<p><b>Literacy</b> – Have your child look around the house and find objects that begin with the letters H, T, Y, L, O, P, R, X, D and I</p> <p><b>Phonological Awareness-</b> Play nonsense game-(Word Substitution) with poem Little Boy Blue. The goal is to have the child listen for the incorrect word.</p> <p><b>Math</b> – Clap and Count to 20</p>
Day 8	<p><b>Literacy</b> – Read a Book to your child and discuss what happened First, Next and Last in the Story</p> <p><b>Phonological Awareness-</b> Hey diddle, diddle- have student identify rhyming words</p> <p><b>Math</b> – When reading the book touch and count the number of objects on the page: 1, 2, 3, 4, 5, ex. 6 people</p>
Day 9	<p><b>Literacy</b> – Have your child draw a picture of their favorite food. With help, write the name of the food</p> <p><b>Phonological Awareness-</b> Have students create words that rhyme with their foods identified.</p>

	<b>Math</b> – Have your child count pennies. How many are there?
Day 10	<b>Literacy</b> – “I Spy Game” – Have your child name 10 items in your house and tell someone how they are used. <b>Phonological Awareness- Rhyming Card Game</b> <b>Math</b> – Count to 10 backwards
Day 11	<b>Literacy</b> – Have your child practice writing their last name two times. Have your child act out a familiar story using simple props that you can make or find in the house <b>Phonological Awareness-</b> Find items in your house that rhyme and make a matching game <b>Math</b> – Have your child use shoes to measure a room, How many shoes across?
Day 12	<b>Literacy-</b> What is your Plan for the Day? Write your plan “I am going to _____ <b>Phonological Awareness-</b> Review favorite poem and identify words that have the same beginning sound. <b>Math</b> – Count by 10’s to 100
Day 13	<b>Literacy</b> – Have your child sing the alphabet song and try to write the capital letters from N-Z <b>Phonological Awareness-</b> Recite Hickory Dickory Dock <b>Math</b> – Write your number 6, 7, 8, 9, 10
Day 14	<b>Literacy</b> – Have your child look around the house and find objects that begin with the letters G, J, K, Q, Z, and U <b>Phonological Awareness-</b> Create your own silly poem <b>Math</b> – Clap and Count to 50

Reading – Preschool teachers should provide each student with at least 4 read-aloud books they can use at home.

Technology - Please be reminded technology use should be limited to no more than 30 minutes per day.

Websites:

[www.starfall.com](http://www.starfall.com)

[www.literacycenter.net](http://www.literacycenter.net)

[www.janbrett.com](http://www.janbrett.com)