



Monday

Did You Know?

Columbus Day is celebrated the second Monday every October.

Tuesday

Cereal & String Cheese
Apple Slices and Berry Juice

Chicken Tenders
Mashed Potatoes & Gravy
Roll, Green Beans
Peaches

Wednesday

Scrambled eggs & Toast
Oranges & grape juice

Beef Nachos & Salsa
Garden Salad
Pinto Beans
Mixed Fruit

Thursday

Yogurt with berries
Toasted Tortilla and
Apple juice

Pigs in a Blanket
Sweet Potato Fries
Mixed Vegetables
Pears

Friday

Biscuits with Sausage
gravy
Pear & Fruit Juice

French Bread Pizza
Garden Salad
Grapes

Mini Chocolate Donuts
Cereal
Grapes & Orange Juice

Cheeseburger & Fries
Green Beans
Pears

French Toast Sticks
Berries
Mixed Berry Juice

Beef Burrito & Salsa
Refried Beans
Mixed Fruit

Banana Bread
Orange Wedges
Apple Juice

Pepperoni Pizza
Garden Salad
Apple Slices

Biscuit & Scrambled Eggs
Apple slices
Grape Juice

Cheese Crisp/Tostada
Salsa
Mixed Vegetable
Peaches

Cinnamon Bun
Orange wedges
Apple Juice

Chicken Patty
Broccoli and Carrot Sticks
Grapes

NO SCHOOL
Milk offered daily at
Breakfast and Lunch
1% White or Fat Free
Chocolate

Menu subject to change
without notice.

Cinnamon bun
Applesauce
Orange Juice

Chicken Taquitos
Salsa
Pinto Beans
Pears

Cheese Crisp
Orange Wedges
Fruit Juice

Corn Dog
Sweet Potato Fries
Green Beans
Peaches

Waffle
Grapes
Orange Juice

Mc N Cheese
Garden Salad
Mixed Fruit

Yogurt with berries
Tortilla
Grape Juice

Chicken Drumsticks
Dinner Roll
Corn
Carrot sticks & Apple

Mini Powdered donut
Orange Wedges
Apple Juice

Spaghetti and Dinner Roll
Garden Salad
Pears

Chorizo Burrito
Grapes
Orange juice

Hot Wings
Celery & Carrot Sticks
Roll
Mixed Fruit

Pancakes & Syrup
Apple Slices
Mixed Berry Juice

Enchilada & Rice
Refried Beans & Salsa
Peaches

Egg Patty Biscuit
Grapes
Orange juice

Beef Taco & Salsa
Rice
Corn
Grapes

Breakfast Pizza
Orange Wedges
Fruit Juice

Bean & Cheese Burrito
Salsa
Carrot & Celery Sticks
Pears

Oatmeal & Toast
Grapes
Orange Juice

Turkey, Bacon, cheese
Croissant w/ lettuce
tomato
Cucumber sticks
Lentil Soup & Grapes

Cereal & String cheese
Apple Slices
Mixed Berry Juice

Chicken Tenders
Mashed Potatoes & Gravy
Dinner Roll
Green Beans
Peaches

Scrambled Eggs
Toast & Jelly
Orange Wedges & Grape
Juice

Beef Nachos & Salsa
Garden Salad
Pinto Beans
Mixed Fruit

Yogurt with berries
Toasted Tortilla
Grapes Juice

Pigs in a Blanket
Sweet Potato Fries
Mixed Vegetable
Pears

School News

Sentinel Elementary School District will be serving breakfast and lunch at no cost to all students. We are participating in the Special Provision Program through the National School Lunch Program that allows schools to be non-pricing.

Visitot Prices:
Adult Breakfast \$2.30
Adult Lunch \$3.65

"This institution is an equal opportunity provider."

Esta Institucion es un proveedor que ofrece igualdad de oportunidades.

School News

Oct. 4 Football/Volleyball
Tournament at Dateland
Oct. 14 NO SCHOOL
Oct. 18 Picture Day
Oct. 24 Shots at Paloma
Oct. 30 Halloween
Carnival

