

NOVEMBER 2019

Sentinel Elementary 71

Monday

Tuesday

Wednesday

Thursday

Friday

DID YOU KNOW?

Throughout history, November was associated in large parts of the world with the beginning of winter and people would spend the month storing food and preparing their homes to survive the cold season.

Chorizo Burrito
Orange
Fruit Juice

1

Subs w/ chips
Cookie
Grapes

SCHOOL NEWS

Nov. 1 – Rocker Farm Trip

Nov. 21 – Thanksgiving Luncheon

"This institution is an equal opportunity provider."

Esta Institucion es un proveedor que ofrece igualdad de oportunidades.

Mini Chocolate donuts
Froot Loop Cereal
Grapes & Orange Juice

4

Hamburger & Fries
Green Beans
Pears

French Toast Sticks
Berries
Mixed Berry Juice

5

Beef Burrito & Salsa
Refried Beans
Mixed Fruit

Banana Bread
Orange Wedges & Apple
Juice

6

Pepperoni Pizza
Garden Salad
Apple Slices

Scrambled Eggs
Biscuits & Apple
Grape Juice

7

Cheese Crisp/Tostada
Mixed Vegetables
Salsa
Peaches

Mini Powdered Donut
Cereal
Orange & Apple Juice

8

Chicken Patty Sandwich
Fresh Broccoli & Carrots
Grapes

NO SCHOOL
Milk offered daily at
Breakfast and Lunch
1% White or Fat Free
Chocolate

11

Menu Subject to change
without notice

Cinnamon Bun
Applesauce & Orange
Juice

12

Chicken Bites
Salsa & Pinto Beans
Grapes

Cheese Crisp
Orange & Fruit Juice

13

Corn Dog
Sweet Potato Tots
Green Beans
Peaches

Waffle
Grapes
Orange Juice

14

Mac N Cheese
Garden Salad
Mixed Fruit

Yogurt W/ Berries
Tortilla
Grape Juice

15

Chicken Drumsticks
Dinner Roll
Mashed Potato & Gravy
Butternut Squash &
Apple

Mini Powdered Donut
Orange and Apple Juice

18

Spaghetti
Garden Salad & Roll
Pears

Chorizo Burrito
Apple & Mixed Berry
Juice

19

Chicken Tenders
Mashed Potatoes & Gravy
Roll
Green Beans & Peaches

Pancakes & Syrup
Apple
Mixed Berry Juice

20

Enchilada & Rice
Refried Beans & Salsa
Peaches

Egg & Cheese Biscuit
Grapes
Orange Juice

21

Sliced Turkey & Roll
Mashed Potatoes & Gravy
Mixed Vegetable
Cranberry Sauce & Pie

Breakfast Pizza
Orange Wedges
Fruit Juice

22

Bean & Cheese Burrito
Salsa
Carrot & Celery Sticks
Pears

Oatmeal & Toast
Grapes
Orange Juice

25

Turkey, Bacon, Cheese
Croissant w/ lettuce,
tomato
Cucumber sticks
Lentil Soup and Grapes

Cereal & String Cheese
Apple
Berry Juice

26

Chicken Tenders
Mashed Potatoes & Gravy
Dinner Roll
Green Beans
Peaches

NO SCHOOL

27

Visitors Prices

Adult Breakfast \$2.30
Adult Lunch \$ 3.65

NO SCHOOL

28

NO SCHOOL

29

School News

NO SCHOOL

Nov. 11
Nov. 27th, 28th and
29th