

# November 2021

# Sentinel Elementary



## Monday

1  
Granola, yogurt,  
orange, apple  
juice, Milk

Pig in a blanket,  
fries, vegetable  
blend, pears,  
milk

8  
Mini Powdered  
Donuts, grapes,  
Fruit Punch Juice,  
Milk

Chicken Tamale,  
Romaine Lettuce,  
Cherry Tomato,  
Pears, Milk

15  
Pancake Wrap,  
Apple, grape  
juice, milk

Chicken Taquito,  
salsa, beans,  
mixed fruit, milk

22  
Cinnamon Bun,  
applesauce, orange  
juice, milk

Chicken Tenders,  
rice, broccoli, apple  
crisp, milk

29  
Granola, yogurt,  
orange, apple  
juice, milk

Hot Dog on a  
bun, Oven fries,  
Vegetable blend,  
pears, milk

## Tuesday

2  
Chorizo Burrito,  
Apple, Berry  
Juice, Milk

Beef Nachos,  
Salsa, Beans,  
Mixed fruit, Milk

9  
French Toast,  
cheese stick,  
orange, grape  
juice, milk

Chicken Nuggets,  
Corn, Zucchini,  
Apple crisp, Milk

16  
Tortilla  
w/cinnamon,  
yogurt, strawberry,  
grapes juice, milk

Chicken Drumsticks,  
Corn, Asparagus,  
cranraisins, milk

23  
Frosted Flakes,  
cheese stick, apple,  
orange juice, milk

Pepperoni Pizza,  
garden salad,  
apple, milk

30  
Chorizo Burrito,  
Apple, Berry juice,  
Milk

Beef Nachos,  
Salsa, Beans,  
Mixed fruit, Milk

## Wednesday

3  
Biscuits & Gravy,  
Grapes, berry  
juice, milk

Bean & Cheese  
burrito, salsa,  
lettuce, peaches,  
milk

10  
Egg-to-go, Apple,  
Berry juice, milk

Corn Dog, Sweet  
Potato Fries,  
Peaches, Milk

17  
Cheese Crisp,  
Orange, apple juice,  
milk

Orange chicken, rice,  
egg roll, broccoli,  
pears, milk

24  
Thanksgiving  
Break

NO SCHOOL

## Thursday

4  
Chocolate donut,  
apple, fruit punch,  
milk

Spaghetti, salad,  
garlic toast, peaches,  
milk

11  
VETERAN'S  
DAY!

NO SCHOOL

18  
Waffle, grapes,  
Orange juice, milk

Turkey, Mashed  
Potatoes & gravy,  
Roll, Peas,  
Apple/Pumpkin Pie  
Milk

25  
THANKSGIVING  
DAY!

NO SCHOOL

## Friday

5  
Breakfast Burrito,  
Salsa, Orange,  
apple juice, milk

Turkey/Cheese  
Sandwich, Chips,  
Lettuce, Tomato,  
Pickles, Raisins,  
Milk

12  
Waffle, Grapes,  
Orange Juice,  
Milk

Pretzel & Cheese,  
Carrots,  
Cucumber, Mixed  
Fruit, Milk

19  
Cinnamon Bun,  
applesauce, orange  
juice, milk

Corn Dog, sweet  
potato fries, green  
beans, peaches, milk

26  
Thanksgiving  
Break

NO SCHOOL

## School News

### Veteran's Day

11/11/21

(No School)

### Family Thanksgiving Feast

11/18/21

### Thanksgiving Break

11/24 thru 11/26

## Adult Meal Prices

Breakfast \$2.70

Lunch \$4.60

Milk offered daily at  
Breakfast & Lunch 1%  
White, or Fat Free  
Chocolate

Meals are at no charge  
to students

Menu is subject to  
change due to  
availability of product.

"This institution is an  
equal opportunity  
provider"

Esta institucion es un  
proveedor que ofrece  
igualdad de  
oportunidades

## Did you know?

Elections are held in the United States on the  
Tuesday after the first Monday in November.