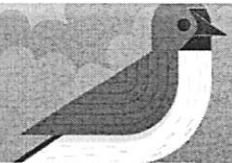


# MAY 2021

## Sentinel Elementary District



### Monday

**3**  
Powdered Donut  
Grapes  
Fruit Punch Juice  
Chicken Tamale  
Salsa  
Spanish Rice  
Pinto Beans  
Pears

### Tuesday

**4**  
Donut Breakfast Bites  
Orange slices  
Grape Juice  
  
Cheeseburger  
Lettuce, tomatoes  
Bakes Fries  
Grapes

### Wednesday

**5**  
Pancake & Syrup  
Grapes  
Apple Juice  
  
Bean & cheese Burrito  
Corn  
Peaches  
Track Meet 9:30

### Thursday

**6**  
Sausage/egg burrito  
Orange slices  
Berry Juice  
Peanut Butter sandwich  
Chips, cookie  
Apple  
  
3-5<sup>th</sup> Field Trip

### Friday

**7**  
Cinnamon Bun  
Apple Slices  
Orange Juice  
Pizza Stick  
Marinara  
Peas  
Pears

### School News

May 5 – Track Meet  
May 6 – 3-5<sup>th</sup> Trip  
Last Day of School  
May 28<sup>th</sup>

Menu is subject to change.

Milk is served with every meal.  
1% White  
Fat Free Chocolate

Meal Prices  
Adult Breakfast \$2.30  
Adult Lunch \$3.65

“This institution is an equal opportunity provider”.

Esta institucion es un proveedor que ofrece igualdad de oportunidades.



**10**  
Breakfast kit  
Includes juice and Grapes  
Mandarin Orange  
chicken & egg roll  
White rice  
Broccoli  
Pears

**11**  
Cherry Strudel  
Strawberries  
Grape Juice  
Mac & cheese  
Garden salad  
Roll  
Mixed Fruit

**12**  
Chocolate donut  
Grapes  
Orange Juice  
Ham/cheese sandwich  
Lettuce, tomato  
Cucumbersticks  
Apple Crisp

**13**  
Scrambled egg & sausage  
Toast, Orange  
Fruit Punch Juice  
Spaghetti  
Garden Salad  
Garlic Toast  
Peaches

**14**  
Powdered Donut  
Apple  
Berry Juice  
Beef & Gravy over white rice  
Corn  
Dried Fruit

**17**  
Egg, sausage cheese  
Biscuit, apple  
Berry Juice  
Chicken Noodle  
Homemade grilled  
cheese sandwich  
Orange slices

**18**  
PBJ Sandwich  
Grapes  
Fruit Punch Juice  
  
French Bread Pizza  
Garden Salad  
Apple Crisp

**19**  
Granola & Yogurt  
Orange  
Apple Juice  
Chicken Wings  
Celery, cucumber & carrots  
Dinner Roll  
Mixed Fruit

**20**  
French Toast & syrup  
Grapes  
Apple Juice  
Bean & Cheese  
Lettuce, tomatoes,Salsa  
Spanish Rice  
Peaches

**21**  
Frosted Flakes  
Ham & cheese Bar  
Grapes  
Orange Juice  
Beef tacos  
Lettuce, tomatoes  
Salsa  
Spanish rice and Craisins

**24**  
Pancake wrap & syrup  
Apple  
Grape Juice  
Pretzel & Cheese  
Celery, cucumbers & carrots  
Craisins

**25**  
Chocolate donut  
Grapes  
Orange Juice  
  
Pig in a blanket  
Fries  
Peas  
Peaches

**26**  
Waffle & Syrup  
Apple  
Berry Juice  
Beef & Gravy over white rice  
Corn  
Dried Fruit

**27**  
Chorizo Burrito  
Salsa  
Apple slices  
Berry Juice  
Pizza Stick  
Marinara Sauce

**28**  
Super Donut & yogurt  
Dried Fruit  
Orange Juice  
Ham & cheese  
Sandwich, pickle  
lettuce, tomatoes  
Cucumber sticks  
Apple Crisp

**31**  
HAVE A GREAT SUMMER

## DID YOU KNOW?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.