

# March 2020

## SENTINEL ELEMENTARY 71

### MONDAY

Pancake on a Stick  
Syrup  
Apple Slices & Grape  
Juice

Orange Chicken & Rice  
Eggroll & Broccoli  
Pears

2

### TUESDAY

Cinnamon bun  
Applesauce  
Orange Juice

Corn dog & Sweet Potato  
Fries  
Green Beans  
Peaches

3

### WEDNESDAY

Cheese Crisp  
Salsa  
Orange Wedges  
Fruit Punch Juice

Chicken Taquitos & Salsa  
Pinto Beans  
Pears

4

### THURSDAY

Waffles & Syrup  
Grapes  
Orange Juice

Chicken Drumsticks  
Broccoli & Carrot Sticks  
Corn  
Apple Slices

5

### FRIDAY

Yogurt & Berries  
Cinnamon tortilla  
Grape juice

Macaroni & cheese  
Dinner roll  
Garden Salad  
Mixed Fruit

6

No School

Milk offered daily at  
Breakfast & Lunch  
1% White or Fat Free  
Chocolate

9

No School

Menu Subject to  
change without  
notice.

10

No School

Visitor Prices  
Adult Breakfast \$2.30  
Adult Lunch \$3.65

11

No School

12

No School

13

16

17

18

19

20

Mini Chocolate Donut  
Cereal  
Grapes  
Orange Juice & Milk

Unrustable Sandwich  
Baked Chips  
Carrot & Celery sticks  
Fresh Fruit & Milk

23

Banana Loaf  
Oranges  
Apple Juice & Milk

Cheeseburger  
Garden Salad & Ranch  
Apples

24

Pop Tarts/Cereal Bars  
Fruit cup  
Berry Juice & Milk

Chicken Patty Sandwich  
Broccoli & Carrot Sticks  
Applesauce & Milk

25

Mini Powdered Donut  
Grapes  
Fruit Punch Juice

Bean & Cheese Burrito  
Carrot & Celery Sticks  
Fruit Cup & Milk

26

Mini Cinnamon Buns  
Oranges  
Apple Juice & Milk

Ham & Cheese Sandwich  
Chips & Carrots  
Grapes  
Milk

27

String Cheese  
Cereal  
Apple Slices  
Grape Juice & Milk

Orange chicken  
Baked Beans  
Fruit Cup & Milk

30

Mini Glazed Hole  
Applesauce  
Orange Juice  
Milk

Toasted Cheese Sandwich  
Baked Chips  
Broccoli & Ranch  
Peaches & Milk

31

## DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.

## School News

Spring Break –  
March 9<sup>th</sup> – March  
13<sup>th</sup>

School Closed  
March 16<sup>th</sup> – March  
31

*“This institution is  
an equal  
opportunity  
provider”.*

*Esta institucion es  
un proveedor que  
ofrece igualdad de  
oportunidades.*

*Sentinel is  
participating in the  
SSO Food Program  
all children to 18  
yrs. eat for free.*