

# January 2021

## Sentinel School District 71

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### Did you know?

January was a monumental year for Alaska! As of January 3rd, 1959, Alaska officially became the 49th state of the United States.

NO SCHOOL

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### School News

Dec. 18, 2021 NO SCHOOL

Menu is subject to change.

Milk is served with every meal.  
1% White  
Fat Free Chocolate

Meal Prices  
Adult Breakfast \$2.30  
Adult Lunch \$3.65

"This institution is an equal opportunity provider".

Esta institucion es un proveedor que ofrece igualdad de oportunidades.

4  
Egg,sausage,cheese  
Biscuit  
Apple  
Berry Juice  
Chicken Wings  
Celery& Carrots  
Roll and Apple Crisp

5  
Granola & yogurt  
Orange  
Apple Juice  
Grilled Cheese  
Tomato Soup  
Peas  
Raisins

6  
Peanut Butter & Jelly  
Sandwich  
Grapes  
Fruit Punch  
Tacos & Salsa  
Spanish rice  
Pears

7  
Frosted Flake Cereal  
Ham & cheese Bar  
Grapes  
Orange Juice  
French Bread Pizza  
Garden Salad  
Peaches

8  
Breakfast Bar French  
Toast  
Orange & Apple Juice  
  
Bean & cheese Burrito  
Garden salad  
Craisins

11  
French Toast Sticks  
Orange  
Grape Juice  
Chicken Tenders  
Mashed Potatoes,  
gravy with green  
beans  
Applesauce

12  
Frosted Flakes cereal  
Cheese stick  
Apple  
Orange Juice  
Hot Dog and fries  
Pease  
Peaches

13  
Cocoa Puffs soft filled  
Bar  
Grapes & Apple Juice  
  
Calzone & Marinara  
Garden Salad  
Pears

14  
Scrambled Eggs  
Toast  
Orange & Berry Juice  
  
Chicken Taquito &  
lettuce, tomatoes and  
Beans & Pears

15  
Super Donut  
Yogurt  
Apple & Orange Juice  
Green Chili Burrito  
Zucchini Squash  
Salsa  
Apple Crisp

NO SCHOOL

18

19  
Chorizo burrito  
Apple & Berry  
Juice  
Pretzel & Cheese  
Celery & carrots  
Craisins

20  
Egg & Sausage Biscuit  
Berries  
Apple Juice  
Chicken & Cheese  
Burrito  
Salsa & Zucchini  
Mixed Fruit

21  
Chocolate donut  
Grapes & Orange  
Juice  
Pig in a Blanket  
Oven Fries  
Peas  
Peaches

22  
Breakfast Kit Froot  
Loops  
Orange & Apple Juice  
  
Fish sticks  
Garden Salad  
Dinner Roll  
Pears

25  
Powdered Donut  
Grapes & Fruit Punch  
Juice  
  
Chicken Tamale  
Spanish Rice  
Beans  
Pears

26  
Donut Bites  
Orange & Grape Juice  
  
Cheeseburger  
Fries  
Grapes

27  
Cinnamon Bus  
Apple & Orange Juice  
  
Cheese Pizza  
Garden Salad  
Mixed Fruit  
Cake  
100<sup>th</sup> Day

28  
Pancakes  
Grapes & Apple Juice  
  
Beef Nachosd & Salsa  
Lettuce, Tomatoes  
,Beans  
Peaches

29  
Egg Tac Go  
Orange & Berry Juice  
  
Beef and Gravy over  
white rice  
Peas  
Dried Fruit

