

# JANUARY 2020

## Sentinel Elementary 71

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW?

In the Southern Hemisphere, January is a summer month the equivalent of July.

No School

1

Milk offered daily at  
Breakfast and Lunch  
1% White or Fat Free  
Chocolate

No School

2

Visitor Price  
Adult Breakfast \$2.30  
Adult Lunch \$3.65

No School

3

Menu Subject to  
change without notice.

6

Pancakes on a Stick  
Syrup  
Apple and Grape Juice

Orange Chicken & rice  
Eggroll & Broccoli  
Pears

7

Cinnamon Bun  
Apple Sauce  
Orange Juice

Corn Dog  
Fries  
Green Beans  
Peaches

8

Cheese crisp & Salsa  
Oranges  
Fruit Juice

Chicken Taquitos & Salsa  
Pinto Beans  
Pears

9

Waffles & Syrup  
Grapes  
Orange Juice

Macaroni & Cheese  
Dinner Roll  
Garden Salad  
Mixed Fruit

10

Yogurt & Berries  
Cinnamon Tortilla  
Grape Juice

Crispy Chicken  
Dinner Roll  
Butternut Squash  
Mashed Potatoes &  
Garavy & Apple

13

Chorizo Burrito  
Grapes  
Orange Juice

Hot Wings  
Celery & Carrot Sticks  
Roll  
Mixed Fruit

14

Mini Powdered donut  
Orange Wedges  
Apple Juice

Spaghetti & Dinner Roll  
Garden Salad  
Pears

15

Pancakes & Syrup  
Apple slices  
Mixed Berry Juice

Enchilada & Rice  
Beans & Salsa  
Peaches

16

Breakfast Pizza  
Orange Wedges  
Fruit Juice

Bean & Cheese Burrito  
Salsa  
Celery & Carrot Sticks  
Pears

17

Egg & Cheese Biscuit  
Apple  
Orange Juice

Beef Taco & Salsa  
Rice  
Corn  
Grapes

20

No School

21

Cereal & String cheese  
Apple slices  
Berry Juice

Chicken Tenders  
Mashed potatoes & gravy  
Dinner Roll  
Green Beans  
Peaches

22

Scrambled Eggs  
Toast & Jelly  
Oranges & Grape juice

Beef Nachos & Salsa  
Salad & beans  
Mixed Fruit

23

Yogurt & Berries  
Tosted Tortilla  
Grape Juice

Pigs in a Blanket  
Sweet Potato Fries  
Mixed Vegetable  
Pears

24

Biscuits and Gravy  
Pear & Fruit juice

French Bread Pizza  
Salad  
Grapes

27

Mini Chocolate Donut  
Cereal & Grapes  
Orange Juice

Cheeseburger & Fries  
Green Beans  
Pears

28

Banana Bread  
Oranges  
Apple Juice

Pepperoni Pizza  
Salad  
Apples

29

French Toast Sticks  
Berries  
Berry Juice

Tomato Soup  
Grilled Cheese Sandwich  
Grapes

30

Scrambled Eggs  
Toast & Jelly  
Apple  
Grape Juice

Cheese Crisp/Tostada  
Salsa  
Mixed Vegetable  
Peaches

31

Cinnamon Bun  
Oranges  
Apple Juice

Chicken Patty Sandwich  
Broccoli and Carrot  
Sticks  
Grapes

### School News

Jan. 1,2 and 3<sup>rd</sup> No School  
Jan. 10<sup>th</sup> and 11 – Arlington  
Tournament  
Jan. 20 – No School  
Jan. 31 – Spelling Bee

"This Institution is an equal  
opportunity provider."

Esta institucion es un  
proveedor que ofrece  
iguaidad de oportunidades.