

LUNCH

January

Monday	Tuesday	Wednesday	Thursday	Friday
				1 HOLIDAY-NO SCHOOL
4 POPCORN CHICKEN WHOLE WHEAT DINNER ROLL BROCCOLI APPLESAUCE MILK - Variety	5 TERIYAKI DIPPERS MUFFIN SQUARES BROWN RICE PILAF STIR FRY VEGETABLES MIXED FRUIT CUP MILK - Variety	6 OVEN FRIED CHICKEN WHOLE WHEAT DINNER ROLL MASHED POTATOES GREEN BEANS FRESH APPLE MILK - Variety	7 NACHOS W/GROUND BEEF SPANISH RICE REFRIED BEANS PEARS MILK - Variety	8 TUNA NOODLE CASSEROLE WHOLE WHEAT DINNER ROLL MIXED VEGETABLES ASSORTED FRESH FRUIT MILK - Variety
11 DELUXE CHEESEBURGER SEASONED FRENCH FRIES RANCH STYLE BEANS FRESH ORANGE MILK - Variety	12 CHILI CHEESE DOG MIXED VEGETABLES PEACHES MILK - Variety	13 CHICKEN TACO REFRIED BEANS CORN PEARS MILK - Variety	14 CHICKEN NUGGETS MUFFIN SQUARES GREEN BEANS PEARS MILK - Variety	15 SPAGHETTI & MEAT SAUCE WHOLE WHEAT DINNER ROLL FRESH GARDEN SALAD MIXED FRUIT CUP MILK - Variety
18 NO SCHOOL	19 BEEF RAVIOLI WHOLE WHEAT DINNER ROLL BROCCOLI MIXED FRUIT CUP MILK - Variety	20 MESQUITE CHICKEN WHOLE WHEAT DINNER ROLL SEASONED FRENCH FRIES VEGGIE STICK CUP PEARS MILK - Variety	21 PEPPERONI PIZZA FRESH GARDEN SALAD FRESH APPLE MILK - Variety	22 CHICKEN FAJITAS MEXICAN RICE REFRIED BEANS PEARS MILK - Variety
25 CHEESY MEATBALL MADNESS WHOLE WHEAT DINNER ROLL FRESH GARDEN SALAD PEACHES MILK - Variety	26 CHICKEN ALFREDO WHOLE WHEAT DINNER ROLL GREEN BEANS ASSORTED FRESH FRUIT MILK - Variety	27 TOASTED HAM AND CHEESE BROCCOLI FRESH APPLE MILK - Variety	28 BEAN AND CHEESE BURRITO MEXICAN RICE FRESH GARDEN SALAD FRESH ORANGE MILK - Variety	29 CORN DOG SEASONED FRENCH FRIES BAKED BEANS PEACHES MILK - Variety

All meals are served with a choice of milk. Nonfat chocolate or 1% white. Milk may be purchased as an ala carte item for \$.35.

Lunch prices: \$3.00 or \$4.00 for reduced price. Adults/non-enrolled PSD child- \$3.75 or \$4.10 with milk.

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You may qualify for free or reduced priced meals. Applications are available at all schools and at district office. Additionally, all lunch account refunds must be requested in writing to allene@psd49.net. For questions regarding food services call 520-366-6204 ext. 406.

MENU IS SUBJECT TO CHANGE