

RESILIENT AZ

Resilient Arizona Crisis Counseling Program is a federally funded program that helps people and communities recover from the effects of disasters and/or pandemics through short-term interventions that provide emotional support, crisis counseling, and connection to community supports.



CALL 2-1-1 IN ARIZONA OR 877-211-8661 FROM ANYWHERE TO CONNECT WITH A CRISIS COUNSELING PROVIDER.

<https://211arizona.org/>

IT'S TIME TO GET

R.E.A.L.

ABOUT PROTECTING KIDS ONLINE

Our kids are growing up in a digital world. Children and teens are on their phones and laptops nonstop. But all that screen time could be putting any child at risk. Online, it's harder to tell if people are really who they say they are. It's our job to help kids recognize who their real friends are - and aren't.

INTERNET SAFETY

[R.E.A.L. Friends Don't Campaign](#)

The Safeguarding AZ Youth Community has created a campaign to help empower parents to protect their children from harmful content, grooming or online exploitation.