

PARENTING TIPS AND STRATEGIES FOR CYBER-BULLYING

- **Keep the computer in an open area**

A responsible adult should always accompany minors while they access the Internet to provide support and direction should they be confronted with an aggressive solicitation or inappropriate materials.

- **Respect your child's privacy**

Respect your child's privacy but make certain they know personally everyone on their e-mail "buddy" list. Work to generate parent and child trust that supports open and honest Internet use.

- **Be a part of your child's online experience**

It can be a fun journey to explore the wonders of the Internet as a family. As computer-savvy as kids and teens are today they will certainly teach you a thing or two!

- **Set your child's MySpace or Facebook profile to private and remove any personal information**

Visit <http://ikeepSAFE.org/PRC/videotutorials/myspace/index.html> for additional information.

This link also provides information about blocking or filtering communication from social networking sites.

- **Review your child's IM session logs**

Ensure that they are not sending or receiving inappropriate or harmful content.

- **Contact the parent of a cyber-bully if they can be identified**

- Keep copies of emails, postings, or pictures that are threatening
- Contact websites if the site is failing to comply with its safety and privacy guidelines

Web Sites and Resources

www.isafe.org

www.safekids.com (A parent's guide to Facebook)

www.stopcyberbullying.org



NAVIGATING CYBER WORLD TIPS FOR TEENS

- “If I know you F2F then we can chat in cyber space!” (F2F=face to face)
Protect yourself from possible impostors. Do not trust someone who you cannot see.
Remember friendships are built on trust and honesty; it is not a friendship if you do not really know the real person.
- If you can't say it F2F, don't say it in cyber space!
Don't post anything that grandma wouldn't be proud of!
- Would you be willing to attach a copy of your text messages, instant messages or social networking site to your college application or a job application?

- **They can find you!**

Just because you are in the privacy of your own home, emails, IM's, and other forms of electronic communication are traceable. Many forms of electronic aggression are considered crimes.

- **You are responsible for your electronic use!**

Be accountable for every "click" or "send"!

"WWWW" Strategy

What am I about to do?

What could be the consequences?

Why do I want to do it?

Would I want it done to me?

Be the change you want to see in the world.

~Gandhi