January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Nikolaus Breakfast Menu		1 	2 	3
6 Bagel w/ Cream Cheese Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	7 Egg and Cheese Burro Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	8 Scrambled Eggs Sausage Toast Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	9 Egg & Cheese Biscuit Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	10 Biscuit & Sausage Gravy Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter
13 OATMEAL Flavored Yogurt Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	14 Dutch Waffle Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter Blueberries	15 Cheesy Eggs w/ Toast Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	16 Egg and Cheese Burro Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	17 Biscuit & Sausage Gravy Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter
20	21 Egg and Cheese Burro Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	22 Scrambled Eggs Sausage Toast Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	23 Egg & Cheese Biscuit Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	24 Biscuit & Sausage Gravy Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter
27 OATMEAL Flavored Yogurt Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	28 Egg & Cheese Biscuit Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	29 Scrambled Eggs Sausage Toast Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	30 Dutch Waffle Strawberries Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter	31 Biscuit & Sausage Gravy Cereal w/ Toast Cereal w/ Graham Crackers Canned Fruit Fresh Fruit 100% Fruit Juice Peanut Butter

This institution is an equal opportunity provider.