

Happy New Year!

Monday

Tuesday

Wednesday

Thursday

Friday

Junior High

Menu Lunch

This institution is an equal opportunity provider.

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6 Chicken Alfredo Fettuccine
Texas Toast
Steamed Broccoli
Cooked Carrots
Hamburger
Tuna Croissant Sandwich
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

7 Beef Taco
Spanish Rice
Corn not on the Cob
Refried Beans
Salsa
Chicken Tender w/ Roll
Chef Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

8 Creamy Tomato Soup
Grilled Cheese Sandwich
Green Beans
Chicken Fillet Sandwich
Chicken Salad Plate
Ham & Cheese Sandwich
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

9 Roasted Chicken
Biscuit
Mashed Potatoes
Chicken Gravy
Cooked Carrots
Bean and Cheese Burrito
Cobb Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

10 Chicken Fajitas
Refried Beans
Corn not on the Cob
Slice of Cheese Pizza
Buffalo Turkey Wrap
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

13 Spaghetti Meat Sauce
Texas Toast
Cooked Carrots
Steamed Broccoli
Hamburger
Tuna Croissant Sandwich
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

14 Cheese Enchilada
Refried Beans
Corn not on the Cob
Salsa
Chicken Tender w/ Roll
Chef Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

15 Salisbury Steak w/ Gravy
Biscuit
Mashed Potatoes
Cooked Carrots
Chicken Fillet Sandwich
Chicken Salad Plate
Ham & Cheese Sandwich
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

16 Chili Cheese Dog
Green Beans
Mixed Veggies
Bean and Cheese Burrito
Cobb Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

17 Green Chick Chili Burritos
Peas
Refried Beans
Salsa
Slice of Cheese Pizza
Buffalo Turkey Wrap
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar



21 Beefy Nachos
Spanish Rice
Salsa
Refried Beans
Corn not on the Cob
Chicken Tender w/ Roll
Chef Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

22 Teriyaki Chick n Rice
Oriental Veggies
Steamed Broccoli
Chicken Fillet Sandwich
Chicken Salad Plate
Ham & Cheese Sandwich
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

23 Italian Chicken Patty
Spaghetti Noodles
Bread Stick
Cooked Carrots
Green Beans
Bean and Cheese Burrito
Cobb Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

24 Cheeseburger
Corn not on the Cob
Baked Beans
Slice of Cheese Pizza
Buffalo Turkey Wrap
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

27 Beefy Mac
Texas Toast
Cooked Carrots
Mixed Veggies
Hamburger
Tuna Croissant Sandwich
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

28 Chicken Quesadilla
Spanish Rice
Salsa
Refried Beans
Corn not on the Cob
Chicken Tender w/ Roll
Chef Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

29 Sloppy Joe Sandwich
Green Beans
Baked Beans
Chicken Fillet Sandwich
Chicken Salad Plate
Ham & Cheese Sandwich
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

30 Orange Chicken
Steamed Broccoli
Oriental Veggies
Bean and Cheese Burrito
Cobb Salad
PBNJ/Cheese Stick/Cracker
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar

31 Chili w/ Beans
Biscuit
Baked Potato
Corn not on the Cob
Cooked Carrots
Slice of Cheese Pizza
Buffalo Turkey Wrap
100% Fruit Juice
Canned Fruit
Fresh Fruit
Salad Bar