



EMPLOYEE ASSISTANCE PROGRAMS & BEHAVIORAL HEALTH SERVICES
CONSISTENT QUALITY • CONSTANT VALUE™

The EAP offers 24-hour telephone access to confidential counseling services that can help with a variety of everyday life issues and challenges. Professional advisors are available to help you and your family with:

- stress, anxiety, and minor depression management;
- family and relationship matters;
- alcohol and substance abuse;
- personal, emotional, and work-related difficulties;
- child and day care resources;
- financial information and resources;
- legal information and resources;
- will preparation services; and
- elder care (most services).

Coverage includes up to six one-on-one counseling sessions (per family member, per issue, per year) at no cost to you. If applicable, for first responders, 12 one-on-one counseling sessions are included for a traumatic on-the-job event.



TO SPEAK TO A PROFESSIONAL ADVISOR, CALL 1-800-327-3517
OR VISIT THE EAP WEBSITE AT WWW.EAPPREFERRED.COM
USING THE USERNAME & PASSWORD BELOW:
USERNAME: KAIROS
PASSWORD: EAPPREFERRED

