



Montpelier School
Lunch Menu 2019
Menu subject to change

MONDAY 2 LABOR DAY NO SCHOOL	TUESDAY 3 Chicken Smackers/dip Hot Roll Conquest Fries Steamed Peas Cinnamon Applesauce Milk	WEDNESDAY 4 Turkey & Noodles Hot Roll Whipped Potatoes Cooked Carrots ½ Warm Cinn. Apples Ice Cream Cup Milk	THURSDAY 5 Pulled Pork Sand Cheesy Potatoes Cole Slaw Choice Fruit Milk	FRIDAY 6 Beef/Cheese Nachos Steamed Broccoli Fresh Carrots/dip ¼ Choice Fruit Milk
9 1-Egg & Cheese Omelet Toast 1-Sausage Link Potato Crowns Dragon Juice Chilled Peaches Milk	10 Country Fried Steak/gravy Warm Biscuit Cooked Carrots ½ Mashed Potatoes Choice Fruit Milk	11 Chicken Sticks/dip Garlic Breadstick Steamed Broccoli Sweet Potato Fries ¼ Choice Fruit Milk	12 Spaghetti/meat sauce Garlic Toast Romaine Salad with toppings Hash Browns Choice Fruit Milk	13 COOK'S CHOICE DAY!
16 Tony's Cheese Pizza Conquest Fries Baked Beans Choice Fruit Milk	17 Pork Chop/country gravy Hot Roll Whipped Potatoes Cooked Carrots ½ Choice Fruit Milk	18 Lasagna Garlic Bread Broccoli/cheese Potato Crowns Jell-O with fruit Milk	19 Salisbury Steak Hot Roll Whipped Potatoes Seasoned Green Beans Choice Fruit Milk	20 Chicken Patty Sandwich Conquest Fries/cheese Fresh Baby Carrots/dip ¼ Cinnamon Applesauce Milk
23 Baked Tenderloin Sandwich Pickle slices Baked Beans Hash Brown Choice Fruit Milk	24 Cook's Choice Entrée Cheesy Broccoli Baby Carrots/dip ½ Choice Fruit Milk	25 French Toast/syrup Sausage Links Potato Crowns Dragon Juice Choice Fruit Milk	26 Soft Shell Taco Lettuce/meat/cheese Hash Brown Steamed Corn Choice Fruit Milk	27 Chicken Nuggets Green Beans Carrot Sticks/dip ¼ Choice Fruit Chocolate Chip Cookie Milk
30 Cook's Choice Day!				