THE TWELVE PROMISES OF THE SACRED HEART AS PETITIONS

1. Those devoted to the Sacred Heart will have all the graces they need to live a Christian life.
Jesus, we honor Your Sacred Heart filled with love for us. We know that you give us all we need and we thank you for your gifts.

2. They will have peace in their families.
Jesus, bless our families with peace. May we love each other as you love each of us. Help us to listen to each other and to live as you want us to live.

3. Jesus will comfort them when they are sad.
Jesus, help all the suffering peoples of the world, especially children who have no one to turn to in their pain. Teach us to do what we can to make life easier for others.

4. He will give them strength in life and be with them in death.
Jesus, there are many people who do not realize your care for them. Help us to be grateful that you are always with us. Strengthen those close to death and those who are taking care of them. Help us to trust in you.

5. He will bless all the good works they begin.
Jesus, we believe in your love for us. Thank you for being by our side in everything that we do.

6. Those who ask forgiveness will find the Sacred Heart full of mercy and love.
Thank you, Jesus, for forgiving us always. Help us to remember that no burden is too great for you. May we always appreciate your unconditional love, and when we have sinned, help us to turn to you in the sacrament of Reconciliation.

7. He will strengthen those whose faith is weak.
Jesus, help us to be an example of your love. May our friends and family members who have wandered from you, return to your loving embrace.

8. Those who love Him will grow to love Him even more.
Jesus, help us to grow each day in our love for you.

9. Special blessings will come to every place where a picture of the Sacred Heart is displayed.
Jesus, we know that pictures can remind us of you in a special way. We do not worship them—we worship only you. Whenever we see a picture or statue, help us to recall your great love for us and to thank you for it.

10. **He will give priests the gift of helping others return to God.**
Jesus, help us always to pray for our priests because they lead us closer to you.

11. **He will never forget those who spread the message of His love.**
Jesus, write our names in your Heart. We want to be close to you always.

12. **All those who receive Holy Communion on the First Friday of nine consecutive months will be assured of receiving the sacraments and the special grace of Jesus at the time of their death.**
Jesus, your promises give us hope. We count on your love being with us all the days of our life until the moment of our death.