





Jan 2021 SFSP LUNCH

FREE TO The PUBLIC

Children 0-18 Eat free

2021-MUHS CAFÉ MENU

Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Mini corndogs Fries, corn / carrots Wg roll	Chicken salad sandwich chips carrot sticks & ranch	Oven baked chicken, Corn, fries WG roll	Beef Tacos with side Refried Beans	Catfish, fries Cole slaw WG roll
11. Chicken potato bowls with corn, WG roll	12. BBQ Pulled Pork Cole Slaw	13. Chicken cheese burger Green beans	14. Carnitas soft tacos Side Refried beans Salsa	15. Chicken Nuggets Fries, broccoli, WG roll
18. Closed No school MLK Day no meals	19. Cheese Burger & Fries Carrots with Side ranch	20. Hot spicy chicken cheese burger, chips Green Beans	21. Soft Beef Tacos Side Spanish rice Salsa	22. Catfish, mashed potatoes, corn, WG Roll
25. Sloppy Joes Fries, corn	26. Cheese Burger & Fries Carrots	27. Spaghetti Meat Sauce Green Beans	28. Green chili burritos	29. Oven baked chicken, Cole slaw, Fries, WG Roll
 Daily Milk 1% white & FF chocolate		Daily fresh fruit & Veggies 	Breakfast pick-up 7:00 AM 8:30 AM Monday through Friday Lunch pick-up 11:30 AM 1:00 PM Monday Through Friday	Mary Lou Lopez Nutrition Services director 928-649-4447

“This institution is an equal opportunity provider”

