



TERROR
SPORTS SEASON
2019-20

BEFORE YOU CAN PARTICIPATE

- * You **must** have a CIPPE physical using school issued physical form and completed physical form turned in to the Athletic Director.
- ▶ **ALL** information on physical form must be completely filled out and signatures and dates placed everywhere asked for (including student signatures).
- ▶ Must be baseline ImPACT tested. (more info regarding this in a few minutes)

O-E ACTIVITIES POLICY

(EXTRA-CURRICULAR RULES &
RESPONSIBILITIES)

▶ School Attendance

- ▶ In school all day, no OSS, ISS, detention, etc.
- ▶ Pink slip filled out by Dr. office and in school ½ day
- ▶ Death in the family is an exception as well
- ▶ Rule refers to Friday for Saturday functions

O-E ACTIVITIES POLICY (EXTRA-CURRICULAR RULES & RESPONSIBILITIES)

▶ Grades (Eligibility)

- ▶ **Weekly checks** – starting Sept 13th and every Friday afterwards
 - ▶ 1st time – still may participate BUT serve mandatory MATT sessions Tuesday and Thursday 3:30 – 5:30pm. Neglecting to show may result in removal from activity.
 - ▶ 2nd time – may not participate in any capacity and is required to attend MATT sessions Tuesday and Thursday 3:30 – 5:30pm for the week. Additionally, the student loses his/her letter and possibility of receiving awards related to that activity.
 - ▶ 3rd time – complete removal from team/activity/club

O-E ACTIVITIES POLICY (EXTRA-CURRICULAR RULES & RESPONSIBILITIES)

- ▶ Grades (Eligibility con't)
 - ▶ Marking Period –
 - ▶ In cases where a student's work in any preceding grading period does not meet the eligibility standards, said student shall be ineligible to participate in any capacity in any and all of their extra-curricular activities for a period of 15 school days for four grading periods
 - ▶ Carries over to next school year

O-E ACTIVITIES POLICY (EXTRA-CURRICULAR RULES & RESPONSIBILITIES)

▶ Riding Home After Events

- ▶ Students may ride home with their guardian after any event with a signed, notarized liability waiver. Participants may be permitted to ride home only with a responsible adult listed on the waiver if a note has been given to and approved by the high school principal.
- ▶ The Note must be provided before homeroom the day of the event OR on Friday morning if referring to a Saturday event.
- ▶ Some coaches may not permit participants to ride home with parents after an event. The coach will clearly state this in their team info.

O-E ACTIVITIES POLICY (EXTRA-CURRICULAR RULES & RESPONSIBILITIES)

- ▶ You should have received a transportation waiver in the mail to bring with you, filled out and ready to be notarized here this evening. If you did not, we have copies here to be filled out along with our school notary, Mrs. Strait. Mrs. Veilleux is here to answer any questions you may have concerning the waiver. Please make sure to stop and see them after the team meetings.

O-E Activities Policy

(Extra-Curricular Rules & Responsibilities)

- Responsibility of Participant and Participation
 - Responsible for ANY and ALL equipment/uniforms issued.
 - Equipment/Uniforms must be turned in and checked off prior to starting another extra-curricular.
 - Can not quit one extra-curricular in one season and join another
(official start dates are cut offs)

O-E ACTIVITIES POLICY (EXTRA-CURRICULAR RULES & RESPONSIBILITIES)

- ▶ **Letters and Awards**

- ▶ **Sundays**

- ▶ There will be no school sponsored practices, formal or informal, or scheduled events on Sundays.

- ▶ **Blood Drives**

- ▶ The Otto-Eldred School District is highly supportive of students donating blood. HOWEVER, due to safety concerns, students that donate blood on any given day are not permitted to participate in any physical activity related to a school sponsored sport or extra-curricular activity.

O-E ACTIVITIES POLICY

(EXTRA-CURRICULAR RULES & RESPONSIBILITIES)

- ▶ Vaping, Smoking or other Tobacco use, Drinking, Drugs during the season
 - ▶ Read over this carefully (and refer to school board policy on our district website)
- ▶ **Sign off sheet(Blue page)**
 - ▶ please print and sign and return to your coach no later than end of the first week of practice
- ▶ **Medical Information(Gold page)**
 - ▶ please fill out all info and return to your coach no later than the first week of practice

KEEPING YOU INFORMED!

- ▶ oehs.org
 - ▶ Robo call
 - ▶ School's facebook, Instagram and Twitter accounts
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MS. BRIANNE GLEASON O-E ATHLETIC TRAINER

- ▶ ImPACT testing
 - ▶ Concussion Management
 - ▶ RTP – Return to play protocol
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IMPACT TEST


- ▶ ImPACT make-up testing will be held at the high school in Room 213.

- ▶ For those that have not established a baseline for this school year


- ▶ **Monday August 5th**

- ▶ **4:00 p.m.**

MAKE-UP PHYSICALS

- ▶ August 9th
 - ▶ Nurse's Suite
 - ▶ 8:00 a.m.-12:00 p.m.
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THE TERROR WAY

- ▶ Be a class act.
 - ▶ Play hard by the rules.
 - ▶ Be respectful in the stands.
 - ▶ Show Sportsmanship as a player, parent or spectator.
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- ▶ <http://www.youtube.com/watch?v=OmkNKEHC8Pg>

FIND YOUR
GREATNESS!


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ARE YOU READY TO
MAKE THIS YEAR THE
BEST TERROR SPORTS
SEASON?

TEAM ROOM ASSIGNMENTS

- ▶ 203- Cheerleading
 - ▶ 204- Marching Band
 - ▶ 206- Cross Country
 - ▶ 207- Varsity Volleyball
 - ▶ 209- Jr. High Volleyball
 - ▶ Auditorium- Split with Jr. High and Varsity Football

 - ▶ Do not forget to see Mrs. Strait and Mrs. Veilleux after team meetings
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