## NDI LEARNING OPPORTUNITY - WEEK 6

Below is a list of the videos in the new packet:

- 1. Introduction Message
- 2. Mirror Game Warm Up with Allie
- 3. Verbal Cue Warm Up with Tracy
- 4. Chapter 4 of the Residency Chapter Dance
- 5. Brain Gym with Emily
- 6. Fitness 4 Goodbye with Pamela
- 7. Goodbye Message

Here is the link to the new packet:

https://www.youtube.com/playlist?list=PLVMmRA-AIB60hAq09gHBs8QGMME1t6QSd