

Art Activities for Kids : Flower Pressing Mother's Day Art

in: Art Projects, Holidays, Valentine's Day



Art Activities for Kids : Flower Pressing Valentine Art

Easy **art activities** for kids using fresh flowers. **Flower pressing** in under a minute.

Materials

- Flowers
- Printer Paper
- Glue
- Heavy Microwavable Plate
- Paper Towels
- Glue

- Brush

I have always wanted to try *flower pressing* with the kids simply because of all the fond memories of my childhood! I loved flower pressing as a kid. Luckily both my kids enjoyed this art activity. A good project, just in time for **Mother's Day**. Since we were super short on time we took the easy route and did flower pressing in our microwave. We followed the directions from numerous Youtube videos on the process. For your reference here is one such **video**.

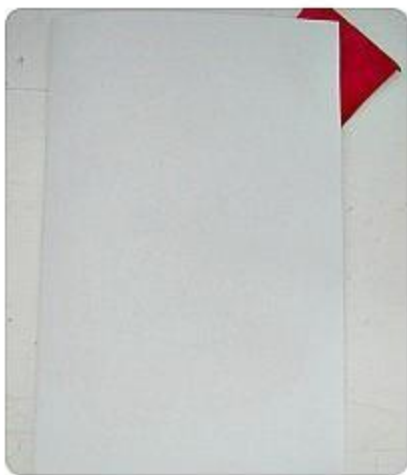
{ *Homemade Card with pencil shavings here* }

Flower Pressing in under a minute

We collected a bunch of flowers from our garden.



The kids separated the petals and arranged them on a regular white sheet of paper. Fold the paper in half and close it. We also used a kitchen paper towel and folded it again and placed it around the sheet of paper with the petals. Place the sheet in the microwave and to make sure the petals stay in place I placed a heavy microwave safe plate over it. Depending on the size of the petals I would microwave them for 30 seconds. For good sized rose petals 1 minute would do the trick. If you are pressing daisies or smaller flowers and leaves I recommend pressing in increments of 30 seconds.



You could dry them for longer if you wish. I didn't want the petals too brittle since my 4 year old was going to make cards with them..



The kids were impressed with the super fast flower pressing method and were glad to explore with the transformation of the flower petals. My 6 year was making guesses as to what caused the change of texture.



Dried flowers can be used with laminated

sheets to make a bookmark or can be pasted on a sheet of paper to make a card.



We even pressed a whole rose!

We adore nature-themed art activities.