

# Saddle Mountain Unified School District



## October 2021 MENU



### Friday - 1

#### BREAKFAST

Cereal  
Fruit

#### LUNCH

Pizza  
Carrots  
Fruit

MENU  
SUBJECT TO  
CHANGE  
WITHOUT  
NOTICE

This institution is an equal opportunity provider

### Tuesday - 5

#### BREAKFAST

Cereal Bar  
Fruit

#### LUNCH

Corndog  
Baked Beans  
Fruit

### Wednesday - 6

#### BREAKFAST

Breakfast Pizza  
Fruit

#### EARLY RELEASE

#### LUNCH

Ham Sandwich  
Carrots, Grapes  
Chips

### Thursday - 7

#### BREAKFAST

Mini Pancakes  
Fruit

#### EARLY RELEASE

#### LUNCH

Cheeseburger  
Celery Sticks, Apple Slices  
Chips

### Friday - 8

#### FALL BREAK

#### NO

#### SCHOOL



### Tuesday - 12

#### BREAKFAST

Apple Frudel  
Fruit

#### LUNCH

Bean & Cheese Burrito  
Green Beans  
Fruit

### Wednesday - 13

#### BREAKFAST

Cereal  
Fruit

#### EARLY RELEASE

#### LUNCH

Turkey Sandwich  
Carrots, Fruit Cup  
Chips

### Thursday - 14

#### BREAKFAST

Super Donut  
Fruit

#### LUNCH

Tater Tot Casserole W/ Dinner Roll  
Baked Carrots  
Fruit

### Friday - 15

#### BREAKFAST

Bagel W/Cream Cheese  
Fruit

#### LUNCH

Chicken Sandwich  
French Fries  
Fruit

### Tuesday - 19

#### BREAKFAST

Zucchini Bread  
Fruit

#### LUNCH

Chicken Nuggets  
Mashed Potatoes  
Dinner Roll  
Fruit

### Wednesday - 20

#### BREAKFAST

Pancake on a Stick  
Fruit

#### LUNCH

Chicken Taquitos  
Refried Beans  
Fruit

### Thursday - 21

#### BREAKFAST

Strawberry Bagel Bar  
Fruit

#### LUNCH

Chili Dog W/Cheese  
Mixed Vegetables  
Fruit

### Friday - 22

#### BREAKFAST

Mini Chocolate Donut  
Fruit

#### LUNCH

Pizza Sticks W/ Marinara Sauce  
Broccoli  
Juice

### Tuesday - 26

#### BREAKFAST

Cereal  
Fruit

#### LUNCH

Hot Dog  
Green Beans  
Fruit

### Wednesday - 27

#### BREAKFAST

Mini French Toast  
Fruit

#### LUNCH

Pizza  
Broccoli  
Fruit

### Thursday - 28

#### BREAKFAST

Cereal Bar  
Fruit

#### LUNCH

Hamburger  
Sweet Potato Fries  
Fruit

### Friday - 29

#### BREAKFAST

Pumpkin Bread  
Fruit

#### LUNCH

Mac & Cheese W/ Dinner Roll  
Mixed Vegetables  
Fruit  
Halloween Surprise

White Milk is offered for Breakfast.

White Milk or Chocolate Milk is offered at Lunch.

**WATER IS OFFERED AT LUNCH**

