The mission of the Lake-Lehman School District is to inspire students to achieve personal fulfillment through the context of community, mastery, independence, and generosity within a safe learning environment.

Our core values promote:

- Work-Ethic
- Sacrifice
- Positive Attitude
- Ability to Compete

The Lake-Lehman School District Yellow Phase: Health and Safety Plan addresses CDC guidelines and recommendations for the well-being of all stakeholders in the context of our mission statement.

The Lake-Lehman School District is committed to preserving the health and safety of all student athletes and coaches. We value the benefits of athletics and realize the importance of returning our athletes and coaches to play. In doing so, our District recognizes all necessary safety precautions and will support the athletic community in returning to activities.
Cleaning, Sanitizing, Disinfecting and Ventilation

Facility Cleaning:

**Weight Room:**
- Disinfect with sprayer/wipe down after every sport team uses.
- No more than 15 athletes at a time.
- Availability of disinfectant wipes.
- Coach must use sprayer at end of training.
- Student athletes must wipe down equipment after every use.
- Athletes and coaches must wash/disinfect hands upon entrance/exit.

**Coaches Room:**
- No athletes in the coaches room.
- Masks must be worn by all coaches when entering.
- No more than 3 coaches at a time.
- Used for essential purposes only; No congregating meetings.
- Coach must spray/disinfect after every use.
- Coaches must wash/disinfect hands upon entrance/exit.

**Locker Rooms/Restrooms:**
- Essential/restroom use only.

**Spectator Areas:**
- Closed until further notice.

**Outdoor Facilities:**
- Coaches will be provided with Personal Protective Equipment (PPE) and sanitation supplies.
- Follow all social distance guidelines.
- Wipe down/disinfect athlete benches (if used) before and after each practice.
Athletic Equipment:
● Wipe down/disinfect all athletic equipment before, after and during use as needed.
● Athletes will take home all individual sporting equipment.
  ○ Note: Football will be permitted to store helmets and shoulder pads only in the locker room.
● It is recommended that all athletes clean/disinfect individual sporting equipment before and after use.
● Athletes are not permitted to share any personalized equipment. This includes items such as clothes, towels, drinks, etc.

Closed Facilities:
● Showers
● Whirlpools
● Concessions

Social Distancing and Other Safety Protocols

Limitations on Gathering:
● Closed practices until further notice.
● Limited to 25 athletes per practice.
● Follow social distance guidelines when feasible.

Hydration:
● Athletes and coaches must bring their own beverages.
● Athletes and coaches are not permitted to share beverages.
● All beverage bottles must be labeled. Labeling supplies will be provided.

PPE:
● The District will provide PPE packs to all coaches.
● Coaches are required to bring PPE packs to every practice.
● Coaches are encouraged to wear a face mask when feasible, unless doing so jeopardizes their health.
● Coaches will ensure all sanitary guidelines are being followed. This includes but not limited to the following:
  ○ Hand sanitizing & washing
  ○ Glove use
  ○ Face masks
  ○ Screenings
● Coaches are required to properly dispose of all used items from the PPE pack.
Transportation:
- The District will not provide transportation at this time.
- Parents/Students will need to arrange for independent transportation.
- The District encourages all athletes to follow social distancing guidelines.

Monitoring Athlete and Staff Health

Pre-workout/Pre-contest Screening:
- All athletes will have a temperature check.
- Any athlete registering a temperature of 100.4 or higher will be sent home and parent/guardian and administration will be notified by the coach.
- Coaches will encourage all athletes to self-report symptoms prior to practice or at the time of screening.
- The District strongly encourages any athlete or coach to stay home if exhibiting any symptoms.
- Coaches will record the daily participation of athletes and the completion of screening on the Roster Verification Form.

Protocol for Confirmed Illness:
- Any athlete/coach will be isolated immediately.
- Parents/guardians and administration will be contacted by the coach.
- Contact and obtain/follow advice from a medical professional.
- Administration will initiate notification procedure if applicable.

Return to Activity:
- Any athlete/coach will only return upon documented release from a medical professional.
- Documentation must be reviewed and approved by the athletic trainer or nurse before an athlete is able to return to any athletic activity.

Coaching Staff Health:
- The District strongly encourages any coach to stay home if exhibiting any symptoms.
- Self-screening will be required for all coaches prior to athlete screenings.
- Coaches will follow the same protocol for any confirmed illness and return to activity as outlined for athletes mentioned above.
Other Considerations for Athletes and Staff

**Hygienic Practices:**
- The District encourages proper handwashing and sanitation practices for all athletes and coaches.
- The District strongly encourages any athlete or coach to stay home if exhibiting any symptoms.

**Athletic Trainer:**
- The District will utilize the athletic trainer as a key component to ensuring the health and safety of all athletes and coaches.

**Participation Record:**
- Coaches will complete daily roster verification documentation of participating athletes.
- All roster verifications will be made available to administration upon request.

Health and Safety Plan Education

**COVID-19 Health and Safety Protocol Meeting:**
- A meeting will be held by the Athletic Director.
- The topics for the COVID-19 Health and Safety will be as follows:
  - Mandatory review of CDC guidance.
  - Appropriate hygiene practices for all athletes and coaches.
  - Review of COVID-19 symptoms and protocol for identifying those at risk.

**Ongoing Educational Efforts:**
- Pertinent information will be made available to the athletic community.
- Informational posters will be displayed in high traffic areas.
- Updates will be available upon transition into future phases.
- Coaches will be offered training opportunities consistent with those selected for District staff.
Health and Safety Plan Communications

**Contact Person: Jeffrey Shook, Athletic Director**

**Health & Safety Plan General Information:**

- Subject to School Board approval.
- Appendix A: Student Athlete Participation Waiver for Communicable Diseases Including Covid-19
- Appendix B: Roster Verification Form
- Plan will be posted to District website at [www.LLSD.org](http://www.LLSD.org)
- Questions may be directed to: Jeffrey Shook, Athletic Director via email to: ShookJ@LLSD.org
Governing Body Affirmation Statement

The Board of Directors/Trustees for Lake-Lehman School District have reviewed and approved the Athletic Reopening Protocol Yellow Phase: Health and Safety Plan on ________________.

The plan was approved by a vote of:

_____ Yes
_____ No

Affirmed on:________________________

By: Lorraine Farrell, School Board President

____________________________________
(Signature)

____________________________________
(Printed)