



Help Your Child Succeed in School: Build the Habit of Good Attendance Early

School success goes hand in hand with good attendance!

DID YOU KNOW?

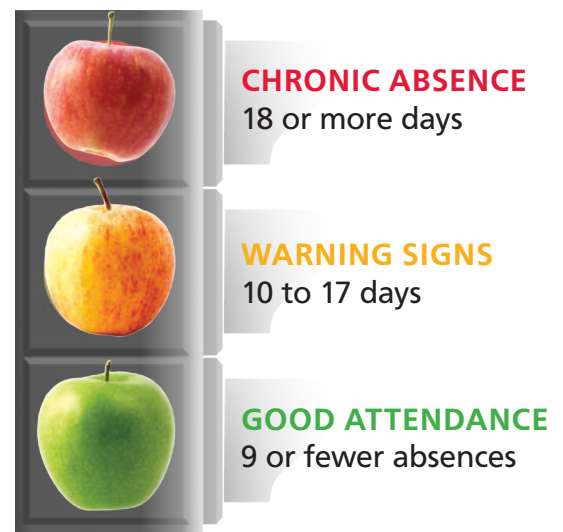
- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

When Do Absences Become a Problem?



Note: These numbers assume a 180-day school year.

For more on school readiness, visit attendanceworks.org and reachoutandread.org

Help Your School and Community Improve School Attendance:

PUSH FOR BETTER TRACKING OF CHRONIC ABSENCE DATA

Every report card includes a box showing parents just how many absences their children have. But does your school look at absenteeism numbers for the whole student body? And can the principal tell you how many students are missing so much school that it interferes with their academic performance? Keep in mind, too much absenteeism isn't just a problem for the students missing school but can disrupt learning for the whole classroom.

All parents should know this sort of information about their children's school. But many schools and districts don't track or release what's known as chronic absence data – the percent of students missing 10% or 18 days over an entire school year. They look at the average number of students who show up for school, rather than at the number who are missing too much school due to any kind of absence, excused or unexcused. Average figures can mask large numbers of chronically absent, at-risk students.

Parents can make a difference!

WHAT YOU CAN DO

In Your Community

- **Get the data:** Ask your school and district to calculate chronic absence rates and share them with parents, teachers and principals.
- **Identify barriers to attendance:** Work with your school to find out from parents and students what prevents them from getting to school.
- **Make a plan:** Encourage your school to make a plan and partner with community agencies to address identified attendance barriers.
- **Create incentives:** Help your school recognize students and families for good and improved attendance. Assist with award ceremonies and certificates or even reach out to local businesses to contribute incentives like gift cards or food items.
- **Educate parents:** Help all parents in your school understand the importance of attendance and who to call for the health, transportation or social services resources they need.



In Your State

- **Encourage tracking:** State regulations or laws should ensure that more school districts track chronic absence data and report it to the state.
- **Urge better reporting:** Your state education department should release chronic absence data statewide, just like they release test scores for districts and schools.
- **Advocate for accountability:** Your state department of education and districts should hold schools accountable for addressing chronic absence in their school improvement plans.

