



FCSD #2 Student Illness and Exposure Protocol 2020-2021

Updated 12/21/2020

Guidelines from the Wyoming Department of Health, the CDC, local Health authority guidance, and orders, along with guidance from the Wyoming Department of Education will be adhered to and updated as the situation progresses throughout the 2020-2021 school year.

Currently, students will be screened prior to leaving home for the school day. Parents will be responsible for taking their student's temperatures and screening for any symptoms prior to sending them to school. Students will be sent to the nurse for further assessment as needed during the school day. Student and staff face coverings/masks will be provided to wear if social distancing of 6 feet is not possible. Students and staff may wear their own cloth face covering. **A clean mask needs to be worn daily.** A note from the student's medical provider shall be required if a student has a medical condition that could cause harm or dangerously obstruct breathing. Updates to this process will be shared with staff, students, and families as applicable.

PLEASE notify the school nurse of any illness or medical condition for which your child is being treated or monitored. Upon registration for the school year, a Health Information Form must be filled out completely to best care for your student.

**Please report all COVID testing to Anna Hinkle, district school nurse. If any member of the household is tested: Students in the household and attending school will be quarantined until the test result has been verified by your primary care provider. A copy of positive tests will remain in the student's health file. This will apply to all COVID tests obtained whether symptomatic of the virus or not. Please follow this protocol during scheduled school breaks.

If your student exhibits symptoms that are consistent with COVID-19 or other communicable diseases as listed, **PLEASE DO NOT SEND THEM TO SCHOOL!** If students exhibit any of these symptoms at school, they will be put in a separate area with mask use even if separation from others is feasible, until a parent or guardian picks them up from school.

The following symptoms are not all-inclusive but are indicative of potential illness: Do NOT send your child to school if they are experiencing any of the following symptoms.

Students should be screened for these symptoms daily prior to being sent to school and will be sent home from school if developed during school hours.

- Fever (100 or higher) or feeling feverish
- Repeated chills
- A new or worsening cough
- New or worsening shortness of breath or difficulty breathing
- New or worsening fatigue
- New or worsening muscle or body aches
- New or worsening headache
- New loss of taste or smell
- Sore throat
- New congestion or runny nose
- New abdominal pain
- Diarrhea - repeated loose or watery stools
- Vomiting - the episode is not related to a single event such as gagging, positioning, mucus, running after eating, or eating spicy foods. If the event is unwitnessed at school, the nurse may use their discretion based upon student health assessment.

If your student has had close contact with a positive case of Covid-19 in the two weeks preceding the start of school and anytime during the school year, please keep your student home and contact your healthcare provider for further guidance. Please contact the school nurse as well.

Quarantine Options when you have been exposed to a positive case:

After 10 days: if you have monitored yourself daily and have not had **ANY** symptoms. In this instance, individuals meeting these criteria could resume their usual activities beginning on day 11 after exposure.

After 7 days: if you have monitored yourself daily and have not had **ANY** symptoms **AND** you had a negative PCR (nasal swab or saliva test), test collected on day 5 or later of exposure. In this instance, individuals meeting these criteria could resume their usual activities beginning on day 8 after exposure.

*In no circumstances can quarantine be discontinued before **7 full days of quarantine** have passed since exposure*

Isolation:

Students given isolation orders (tested positive), will be required to stay home until they meet the criteria for release:

- At least 10 days since symptoms started
- No fever for at least 24 hours without the use of fever-reducing medication
- Respiratory symptoms have improved
- Documentation from your medical provider or Wyoming Department of Health

If the infected person has had no symptoms, they will be released once ten days have passed since their test was collected.

COVID-19 resources: wdh.covid19@wyom.gov or call 307-857-3677

Other health condition considerations to keep students home from school, or for students to be sent home from school:

Asthma: Symptoms that do not respond to prescribed medication, if no prescribed medication is available for the treatment of asthma symptoms, or if concerned with COVID-19 the possible exacerbation trigger.

Diabetes: Each diabetic has an individualized plan of care. The school nurse and parent(s)/guardian(s), will meet to ensure appropriate action is in place for the student.

Considerations for sending a diabetic student home: A blood glucose of greater than 300, inadequate supplies to treat diabetes at school, blood glucose less than 60, or accompanying low blood glucose symptoms such as feeling weak, hungry, trembling and feeling shaky, sweating, pounding heart, pale skin, or feeling frightened or anxious.

Individuals with Diabetes may be at higher risk of complications if COVID-19 is contracted, please speak with your provider regarding precautions to take. Please inform the school nurse if a treatment plan change has been advised.

Head lice: Students will be sent home if *live* lice are identified.

Localized rash: A new rash/skin changes of undetermined origin is a sign of potential illness. **Please contact your healthcare provider for care.**



Pink eye or purulent conjunctivitis: Defined as pink or red conjunctiva with white or yellow eye drainage. The student will be sent home if accompanied by a fever, unable to avoid touching their eyes, or there is drainage from the eyes.

When students may return to school:

Please supply the school with the release to return to school if greater than 3 days of school day absences.

FEVERS: Keep your child home until they have been fever-free, WITHOUT fever-reducing medicine, for **24 hours**. Returning to school too soon may slow your child's recovery and make others sick as well. If your child needs medication to feel better to attend school, please keep them home.

VOMITING OR DIARRHEA: Keep your child home for 24 hours after the **LAST** time they vomited or had diarrhea. If your child needs medication to control either of these symptoms, please keep them home!

ANTIBIOTICS: Keep your child home for 24 hours after the FIRST dose of antibiotics and per your healthcare provider's instructions. If your child started antibiotics, but still has FEVER or further severe symptoms, or still not feeling well in general, please keep them home as they will not be productive at school and can still be potentially contagious to others.

HEAD LICE: Students may return to school once treatment has been initiated.

******In the event of a student medical emergency, school personnel will call 911, and the student may be transported to a medical facility via ambulance.*****

Please help us keep students and staff at Fremont County School District #2 safe by following these guidelines.

Thank you!
Anna M Hinkle
FCSD #2 Nurse
455-5511