



FCSD #2 Student Illness and Exposure Protocol 2020-2021

Guidelines from the Wyoming Department of Health, the CDC, local Health authority guidance and orders, along with guidance from the Wyoming Department of Education will be adhered to and updated as the situation progresses throughout the 2020-2021 school year.

Currently, students will be screened prior to leaving home for the school day. Parents will be responsible for taking their student's temperatures and screening for any symptoms prior to sending them to school. Students will be sent to the nurse for further assessment as needed during the school day. Student and staff face coverings/masks will be provided to wear if social distancing of 6 feet is not possible. Students and staff may wear their own cloth face covering. A clean mask needs to be worn daily. A note from the student's medical provider shall be required if a student has a medical condition that could cause harm or dangerously obstruct breathing. Updates to this process will be shared to staff, students and families as applicable.

PLEASE notify the school nurse of any illness or medical condition for which your child is being treated or monitored. Upon registration for the school year, a Health Information Form must be filled out completely to best care for your student.

We ask that you please inform the school if testing for COVID-19 has occurred. This information will be confidential. If your student tests positive, a contact tracing will be conducted by the Fremont Public Health Department along with your healthcare team.

If your student exhibits symptoms that are *consistent* with COVID-19 *or* other communicable diseases as listed, **PLEASE DO NOT SEND THEM TO SCHOOL!** If students exhibit any of these symptoms at school, they will be put in a separate area with mask use even if separation from others is feasible, until a parent or guardian picks them up from school.

The following symptoms are not all inclusive but are indicative of potential illness:

Students should be screened for these symptoms daily prior to being sent to school and will be sent home from school if developed during school hours.

- Fever (100 or higher) or feeling feverish
- Repeated chills
- A new or worsening cough
- New or worsening shortness of breath or difficulty breathing
- New or worsening fatigue
- New or worsening muscle or body aches
- New or worsening headache
- New loss of taste or smell
- Sore throat
- New congestion or runny nose
- New abdominal pain
- Diarrhea - repeated loose or watery stools
- Vomiting - episode is not related to a single event such as gagging, positioning, mucus, running after eating, or eating spicy foods. If the event is unwitnessed at school, the nurse may use their discretion based upon student health assessment.

If your student has had close contact with someone diagnosed with Covid-19 in the two weeks preceding the start of school, please keep your student home and contact your healthcare provider for further guidance. Please contact the school nurse as well.

Other health condition considerations to keep students home from school, or for students to be sent home from school:



Asthma: Symptoms that do not respond to prescribed medication, if no prescribed medication is available for treatment of asthma symptoms, or if concerned with COVID-19 the possible exacerbation trigger.

Diabetes: Each diabetic has an individualized plan of care. The school nurse and parent(s)/guardian(s), will meet to ensure appropriate action is in place for the student.

Considerations for sending a diabetic student home: A blood glucose of greater than 300, inadequate supplies to treat diabetes at school, blood glucose less than 60, or accompanying low blood glucose symptoms such as feeling weak, hungry, trembling and feeling shaky, sweating, pounding heart, pale skin, or feeling frightened or anxious.

Individuals with Diabetes may be at higher risk of complications if COVID-19 is contracted, please speak with your provider regarding precautions to take. Please inform the school nurse if a treatment plan change has been advised.

Head lice: Students will be sent home if *live* lice are identified.

Localized rash: A new rash/skin changes of undetermined origin could be a sign of potential illness. **Please contact your healthcare provider for care.**

Pink eye or purulent conjunctivitis: Defined as pink or red conjunctiva with white or yellow eye drainage. The student will be sent home if accompanied by a fever, unable to avoid touching their eyes, or there is drainage from the eyes.

When students may return to school:

Please supply the school with the release to return to school if greater than 3 days of school day absences.

If your child's illness was COVID-19 related: please follow Fremont Public Health Department along with your healthcare provider's team recommendations for return to school and regular activity.

FEVERS: Keep your child home until they have been fever-free, WITHOUT fever reducing medicine, for **24 hours**. Returning to school too soon may slow your child's recovery and make others sick as well. If your child needs medication to feel better to attend school, please keep them home.

VOMITING OR DIARRHEA: Keep your child home for 24 hours after the **LAST** time they vomited or had diarrhea. If your child needs medication to control either of these symptoms, please keep them home!

ANTIBIOTICS: Keep your child home for 24 hours after the **FIRST** dose of antibiotics and per your healthcare provider's instructions. If your child started antibiotics, but still has FEVER or further severe symptoms, or still not feeling well in general, please keep them home as they will not be productive at school and can still be potentially contagious to others.

HEAD LICE: Students may return to school once treatment has been initiated.

******In the event of a student medical emergency, school personnel will call 911, and the student may be transported to a medical facility via ambulance. ******

Please help us keep students and staff at Fremont County School District #2 safe by following these guidelines. Thank you!

Anna M Hinkle
FCSD #2 Nurse
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