

APPENDIX 2-VOLLEYBALL

GENERAL VOLLEYBALL STANDARDS:

- A. The game of volleyball is played by two teams with six players on each team. The teams are separated by a net. Each team consists of 3 front line players and 3 back line players. The teams compete with one another using an inflated ball and in the 5-6th grade level a “ Lite” ball is used. A regulation ball is used in the 7-8th grade level of play.
- B. HISL uses the National Federation of State High Schools Rulebook used by the Alabama High School Athletic Association.
- C. A match is won by the first team to win 2 out of 3 games.
- D. Rally scoring is used by HISL. A point is scored by a team every time the opponent commits a fault. Also, a point is scored every time the ball lands in the opponent’s court.
- E. A game is played to 25 points with the first team to 25 wins. Games must be won by at least two (2) points. So, if there is a 24-24 tie, the game shall be played until one team has a two-point lead. If the match goes to a 3rd game, the game is played to 15 points.
- F. With respect to travel times of teams, coaches’ work schedules and other school commitments, it is encouraged that the starting time of all games begins at 5:00 P. M., but no later than 6:00 P. M.
- G. Conduct of players, coaches and spectators shall be governed as specified in Standard XVII on page 13.