

APPENDIX 3: SOCCER

GRADES PER DIVISION CURRENTLY:

PreK-2nd (Division I: 1st-2nd Grade - Division II: Grade PreK-K)

3rd-4th

5th-6th

7th-8th

A. PreK – 2nd Grade Playing Rules

1. Field Length – 30 yards (Division II) and 40 yards (Division I)
2. Field Width – 20 yards (Division II) and 30 yards (Division I)
3. Center Circle – 4 yards (Division II) and 5 yards (Division I)
4. Corner Arc – 1 yard
5. Goal Area – n/a
6. Penalty Area – n/a
7. Goal Size - recommend 4' x 6' with a 6' arc in front
8. Ball Size – 3
9. Goal Keeper - No
10. Field Players – 4 vs. 4
11. Suggested Roster Size – 7-8 with no required playing time per player by HISL
12. Player Substitution – Throw in (Ball in your possession), Goal Kick, Goal Scored, Injury, 7 ½ minute break, and Halftime
13. Half Length – 15 minutes, with a 3 minute break after 7 ½ minutes
14. Break Time at Halftime– 5 minutes
15. Shin Guards required – yes
16. Indirect fouls – Indirect free kick for awarded for ALL fouls
17. Opponent's distance away from ball on Free Kick – 4 yards
18. Penalty Kick – None
19. 2nd Throw in – Yes
20. Goal Kick Opponent's Distance – 4 yards
21. Corner Kick Opponent's Distance – 4 yards

ADDITIONAL PreK-2nd Grade SOCCER GUIDELINES

Division I: 1st-2nd Grade Division II: Grade PreK-K
Play 4 vs 4

Note: See attached layout of the Goal Box Area. No player is allowed inside the Goal Box for defensive or offensive purposes during Live Play. *If a defensive player touches the ball during Live Play inside the Goal Box, the offense will be awarded a goal! If an offensive player touches the ball during Live Play inside the Goal Box, a goal kick will be awarded to the defense.* If the ball comes to a stop in the Goal Box (Dead Ball), the defense will be awarded a goal kick.

*****15 MINUTES PER HALF (New Rule – see below)**

- Score is NOT kept;
- You may use a 20 x 30 yard field (Division II), a 30 x 40 yard field (Division I), or use ½ of your normal size field (40 x 50 yards) with 6'w x 4'h goals;
- One (1) coach per team is allowed on the field to “instruct players and referee” and keep game moving;
- A parent will keep time and handle change in possessions, throw-ins, corner kicks, etc.;
- Coaches are to keep pushing and shoving under control; and
- A #3 ball size is to be used.

Soccer terms

Free Kick (Indirect) – unopposed kick on the field as a result of an infraction such as a handball, pushing, etc. (a goal may not be scored on a Free Kick);

Goal Line – line that extends from the front posts of the goal to the sidelines.

Hand Ball – ball touched by a hand or lower arm extended away from the body.

Goal Kick – ball placed 6' in front of the goal and 10' to the right or left of the goal. The ball is kicked toward the opposing teams goal (all players are to remain 4 yards away from the ball placement).

Corner Kick – ball is placed on and kicked from corner of field by the offensive/attacking team due to defensive team kicking ball Out of Bounds past the Goal Line (all players are to remain 4 yards away from the ball placement).

Throw In – two handed overhead throw from the sideline (both feet must remain on the ground at all times during the throw in).

Out of Bounds – lines are in – ball must go completely over the line to be out of bounds.

General soccer rules:

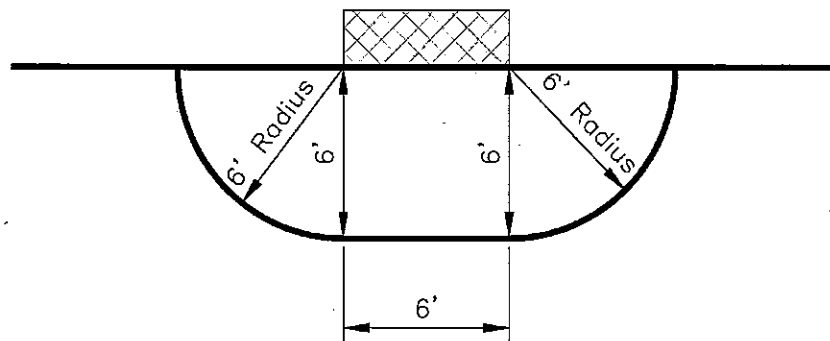
<u>Rule/Infraction</u>	<u>Action</u>
1) No Pushing or Shoving	stop play to explain, award ball to opposing team (Free Kick)
2) Hand Ball	stop play to explain, award ball to opposing team (Free Kick)
3) Ball goes out of bounds on sideline	Throw In by opposing team (team that <u>did not</u> kick ball out of bounds)

4) Ball goes out of bounds on goal line

Corner Kick awarded if last kicked by defensive player
Goal Kick awarded if last touched by an offensive player

***** In the past we have played four six minute quarters. We will now play two (2) 15 minute halves with a 3 minute break at 7 ½ minutes, and a Halftime break of 5 minutes. Substitutions may be made at a Throw In (only by Team possessing the ball), Goal Kick, Goal Scored, Player Injury, the 7 ½ minute break, and again at Halftime. Remember, we are trying to finish in an hour time frame.**

GOAL BOX LAYOUT



Pre-K to 2nd
Goal Box Layout

B. 3rd-4th Grade Playing Rules

1. Field Length – 80 yards
2. Field Width-50 yards
3. Center Circle-8 yards
4. Corner Arc-1 yard
5. Goal Area-6 yards
6. Penalty Area-14 yards
7. Goal Size-7' x 21'
8. Ball Size-4
9. Goal Keeper-Yes
10. Field Players-7 v 7
11. Suggested Roster Size: 10-12 with NO required playing time by HISL
12. Player Substitution-Throw in (ball in your possession), Goal Kick, Goal Scored, Injury, Halftime, Caution (Yellow Card)
13. Half Length-25 minutes
14. Break Time-5 minutes
15. Shin Guards required-Yes
16. Off-sides - not called
17. Indirect Fouls-Indirect free kick is awarded for ALL fouls occurring Outside the Penalty Box
18. Opponent's distance away from ball on Free Kick-8 yards (Indirect Fouls)
19. 2nd Throw in- Yes; one warning allowe
20. Goal Kick Opponent's Distance- 8 yards
21. Corner Kick Opponent's Distance- 8 yards

C. 5th-6th Grade Playing Rules

1. Field Length- 80 yards
2. Field Width- 50 yards
3. Center Circle- 8 yards
4. Corner Arc- 1 yard
5. Goal Area- 6 yards
6. Penalty Area- 14 yards
7. Goal Size- 7' x 21'
8. Ball Size- 4

9. Goal Keeper- Yes
10. Field Players-8 v 8
11. Suggested Roster Size- 12 with No required playing time
12. Player Substitution- Throw in (ball in possession), Goal Kick, Goal Scored, Injury, Halftime, Caution (Yellow Card)
13. Half Length- 25 minutes
14. Break Time- 5 minutes
15. Shin Guards Required- Yes
16. Off-sides- Yes
17. Indirect Fouls- Indirect free kick awarded for ALL fouls occurring Outside the Penalty Box
18. Opponent's distance away from ball on Free Kick- 8 yards
19. Penalty Kick- awarded for ALL fouls occurring inside the Penalty Box
20. 2nd Throw in- NO
21. Goal Kick Opponents Distance- 8 yards
22. Corner Kick Opponent's Distance- 8 yards

D. 7th-8th Grade Playing Rules

1. Field Length- 80 yards
2. Field Width- 50 yards
3. Center Circle- 8 yards
4. Corner Arc- 1 yard
5. Goal Area- 6 yards
6. Penalty Area- 14 yards
7. Goal Size- 7' x 21'
8. Ball Size- 5
9. Goal Keeper- Yes
10. Field Players-9 v 9
11. Suggested Roster Size- 15 with NO required playing time
12. Player Substitution- Throw in (Ball in your possession), Goal Kick, Goal Scored, Injury, Halftime, Caution (Yellow Card)
13. Half Length- 30 minutes
14. Break Time- 5 minutes
15. Shin Guards required- Yes