

**ATHLETIC HANDBOOK**  
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**2014 – 2015**  
**St. David Unified School District**  
*Where Students Are Our Primary Focus*

**“Handbooks may change periodically and notification will be given  
to students and parents when these changes occur.”**

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## **AIA – ARIZONA INTERSCHOLASTIC ASSOCIATION**

The Arizona Interscholastic Association (A.I.A.) is a voluntary organization of the State of Arizona. Its authority has been delegated by the North Central Association to regulate and control all matters pertaining to interscholastic activities of the North Central member schools.

## **AIA POSITION STATEMENT**

### **SUPPLEMENTS, DRUGS AND PERFORMING ENHANCING SUBSTANCES**

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sport, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti Doping Agency's Prohibited List ([www.wada-ama.org](http://www.wada-ama.org))
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifestyle behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

## **A.I.A. REGULATIONS:**

### **Age limit**

If a student becomes nineteen years of age after September 1, he/she is eligible to compete for the remainder of that school year and if he/she becomes nineteen years of age on or before September 1, he/she is not eligible for any part of that school year. This is not petition-able under the hardship rule.

### **Scholarship**

A student must be enrolled in a minimum of six courses the first six semesters of high school and a minimum of five during the 7<sup>th</sup> and 8<sup>th</sup> semesters.

### **Participation in non high school teams**

A student who is a member of a school team shall not practice or compete with any other group, club, organization, association, etc., in that sport during the interscholastic season of competition. For purposes of this rule, the interscholastic season of competition shall begin with the first regularly scheduled game and conclude with that particular team's final game. Any student violating the above rule shall forfeit his/her eligibility for a minimum of the balance of the season for that sport or up to a maximum of one calendar year. **Exceptions: As per AIA Policy**

**Eligibility requirements (Applies to Middle School)**

No student will be eligible to participate until the following are on file in the office:

- A statement from a physician (MD) noting that the student passed an adequate physical examination.
- A statement from a parent or a guardian giving permission to the student to participate in Inter-scholastic athletics.
- A certified birth certificate on file.
- All fees are paid or arrangements are made with the Principal's office.
- White card filled out by office staff.
- AIA Required Education (ie. as described by bylaws).

**Domicile requirements (Applies to Middle School)**

A student, whether adult or not, is privileged with the eligibility for interscholastic competition only at the school in the district in which his/her parents are domiciled. In multi-school districts the student is eligible only at the school in the attendance zone in which his/her parents are domiciled.

A student for whom a legal guardian has been appointed by a court of competent jurisdiction may be declared eligible at the school in the attendance zone, in which said legal guardian is domiciled by petitioning the Executive Board as outlined in Article IV, Section VIII, Hardship. The use in interscholastic competition of a student, for whom a legal guardian has been appointed, without compliance with the above requirements, shall constitute the use of an ineligible player.

**Domicile**

That place where a person has his or her true, fixed and permanent home, and to which whenever absent he/she has the intention of returning. A student shall have only one domicile for the purpose of eligibility rules.

**Ninth-Grade Enrollment**

An eight grade student graduate enrolling in the ninth grade for the first time may attend any member high school and be eligible for interscholastic activities.

**Parental or legal guardian consent**

Parental or legal guardian consent is required before a student can be eligible to practice or compete in interscholastic competition. All students shall have on file with the principal or his/her designee appropriate permission in which the parent or guardian authorizes participation.

**Attendance rules**

A student is privileged with eligibility for only four consecutive seasons in each sport or activity and for only eight consecutive semesters after he/she first enrolls in the ninth grade.

**Authority to determine eligibility**

The Executive Board of A.I.A. shall have the authority to determine the eligibility of a student when the student's particular status is not clearly defined in Rules of Eligibility.

**Requests for rulings**

All requests for rulings or interpretations of the Constitution and the by laws shall be made by the school administrator or his designated representative to the Executive Director.

## **Sportsmanship Rule**

Ejection from a contest – If an AIA contest official determines that a coach or player has acted in a un-sportsman like manner during a period or intermission, the coach or player may be ordered to leave the contest. Please also refer to the St. David Sportsmanship Rule.

## **ATHLETIC AWARDS** (Not Applicable to Middle School)

### **Varsity awards shall consist of:**

- A varsity certificate.
- A chenille SD letter.
- The boys' letter shall have a gold body w/ blue trim; girls' letter blue body w/gold trim
- An emblem signifying the sport in which they receive their varsity award; thereafter a bar for each year they participate on the varsity team.
- A star that is awarded to the captain (or Co-captains) of the team. No more than two star awards (Co-captains) shall be made in any one sport for a single season.

**In addition to the A.I.A. regulations the St. David School District has established the following High School Athletic code. This applies to the middle school athlete where noted.**

## **ATHLETIC CODE**

### **Practice Sessions and Game Participation.** (Applies to Middle School)

Practice must be with the coach of the sport in which the student is participating. Practice must continue throughout the season in order for student athlete to participate in the games or competition. (weekly practice regiment with a coach.)

Coaches are to train their athlete for the events that they will be participating and be aware of their athlete's ability and limitations.

- A student may not participate without proper clearance (White Card) given to the coach.
- If an athlete is on suspension, the athlete cannot practice with the team; nor travel or participate in any scheduled games. The student may not be back on campus until the start of the next school day, following their suspension.
- If an athlete is truant, he/she will not be allowed to participate in the game immediately following the offense, only if the offense has been determined.
- In order to participate in practice or competition a student must attend at least five periods that day. (Release time does not count) When travel requires that the team leave prior to the completion of the entire day the athlete can meet this requirement by attendance equivalent to a 65 percent (2 out of 3 periods).
- Coach has the right to require all participants to attend all practice sessions.\*

\*Exceptions will be made on an individual basis. We make these exceptions for special events such as weddings of siblings, family members returning from military service abroad, and certain appointments which cannot be rescheduled.

### **Exceptions:**

- Excused when on a school related activity.
- No mandatory practices on a scheduled holiday, except for breaks greater than 4 school days
- Prior written arrangements made with the coach and the administration.

- If student is absent from class, they may not participate in practice or athletic contests without approval.

## **ATHLETES CODE OF ETHICS AND CONDUCT**

As an Athlete you can take special pride in the hard work and athletic skill development required to participate in competitive athletics. To be a successful player requires the addition of a winning attitude. This means that we take pride in representing St. David, and that our conduct on and off the field or court is of the highest caliber. It means that we ensure that we remain in good academic standing and that excellent attendance in classes is valued and maintained. By adhering to the discipline which school athletics demand, we not only better prepare ourselves for victory on the playing fields, but for further success in life.

### **Student Code of Conduct**

Student-Athlete Pledge: As a student-athlete, I am a role model. I understand the spirit of fair play while playing hard. I will refrain from engaging in all types of disrespectful behavior, including inappropriate language, taunting, trash talking, and unnecessary physical contact. I know the behavior expectations of my school, and hereby accept the responsibility and privilege of representing this school and community as a student-athlete.

#### Conduct Guidelines

1. Be respectful by using appropriate language
2. Treat everyone fairly
3. Treat everyone with dignity and respect
4. Comply with the District's drug, tobacco, and alcohol policies
5. Avoid the use of performance-enhancing drugs
6. Arrive on time for all practices, meetings, and contests
7. Play by the rules, demonstrating and encouraging good sportsmanship
8. Respect the dignity of others by not Hazing, bullying or harassing them.
9. Represent your school and self in a manner that reflects self-control
10. Comply with all school and team rules and policies
11. Report any injury or aggravating condition to your coach or Athletic Director

From Successful Coaching, Third Edition, by Rainer Martens, 2004, Champaign, IL: Human Kinetics

Consequences for violation of student athlete pledge and conduct guidelines can result in suspension from the team or athletic participation as determined by administration.

## **ATHLETIC CLEARANCE AND ELIGIBILITY PROCEDURES**

(Applies to Middle School)

<b><u>Responsibility</u></b>	<b><u>When</u></b>
<p><b><u>Student:</u></b> Obtains and turns into the office the following:</p> <ul style="list-style-type: none"><li>• <b><u>Athletic Participation Card-</u></b> This card has several different sections that require the signature of the athlete and his parent/guardian.<ul style="list-style-type: none"><li>Emergency Contact</li><li>Parent's Permission to participate</li><li>Consent for Emergency Care</li><li>Insurance requirements</li><li>Responsibility for care and return of athletic equipment</li></ul></li><li>• <b><u>A.I.A. Annual Health History-</u></b> Updated each year.</li><li>• <b><u>Physical Examination Summary-</u></b> Required each year.</li><li>• <b><u>Student/Athlete Parent Handbook-</u></b> Signature page signed by student and parent/guardian.</li><li>• <b><u>Hazing Policy-</u></b> Signature page signed by student and parent/guardian.</li><li>• <b><u>Student Interrogations, Searches, and Arrests-</u></b> Signed by student.</li><li>• <b><u>Concussion Awareness Test-</u></b> Taken online and passed with an 80% or higher. (HS only)</li><li>• <b><u>Concussion Acknowledgement Form-</u></b> Signature page signed by student and parent/guardian.</li><li>• <b><u>Birth Certificate-</u></b> Copy on file.</li><li>• <b><u>Participation fee-</u></b> or arrangements made with the Principal's office.</li></ul>	Prior to first practice
<p><b><u>Secretary:</u></b> A.I.A. Eligibility Requirements</p> <ul style="list-style-type: none"><li>• Checks grades from previous semester.</li><li>• Verifies residency of athlete (domicile)</li><li>• Issues Practice Permit (white card) when above requirement are met.</li></ul>	Prior to first practice
<p><b><u>Coach:</u></b> Collects and files practice permits. Turns team roster in to the office.</p>	Prior to first game

## **SPORTS OFFERED/CRITERIA FOR LETTERING**

### **Baseball/Softball:**

- Participate in a minimum of one-third (1/3) of the innings during the regular season.
- Pitch one complete varsity game, or a minimum of twelve (12) innings in the regular season, or pitch four innings or more in the divisional or state playoffs.
- Be the designated first base coach for one-half of the total regular season innings.
- In the case of injury or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to his/her active participation, if in the

opinion of the coach(s) the athlete would have earned the award under normal circumstances.

- If an individual quits before the season is over he/she will not receive an award unless, in the opinion of the coach(s), he/she was not able to finish the season because of circumstances beyond his/her control. Grades are not to be considered beyond an individual's control.

### **Basketball:**

- An individual must participate in one-half (1/2) of the season's total quarters.
- A quarter is awarded to an individual if he/she is one of the five (5) participants on the floor for any length of time while the ball is alive. If a player enters the same quarter (2) or more times he/she will receive credit for only one (1) quarter.
- In the case of injury or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to his/her active participation, if in the opinion of the coach(s) the athlete would have earned the award under normal circumstances.
- If an individual quits before the season is over he/she will not receive an award unless, in the opinion of the coach(s), he/she was not able to finish the season because of circumstances beyond his/her control. Grades are not to be considered beyond an individual's control.

### **Football:**

- An individual must participate in one-half (1/2) of the season's total quarters.
- A quarter is awarded to an individual if he is one of the eight participants on the field for one or more offensive or defensive plays. If a player enters the same quarter two or more times he will receive credit for only one quarter.
- In the case of injury or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to his active participation, if in the opinion of the coach(s) the athlete would have earned the award under normal circumstances.
- If an individual quits before the season is over he will not receive an award unless, in the opinion of the coach(s), he was not able to finish the season because of circumstances beyond his control. Grades are not to be considered beyond an individual's control.

### **Cheerleading/Spirit Line:**

- An individual must participate in one-half (1/2) of the season's total games on the varsity team, fulfilling all skill requirements.
- In the case of injury, or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to his/her active participation, if in the opinion of the coach(s), the athlete would have earned the award under normal circumstances.
- If an individual does not complete the season he/she will not receive an award unless, in the opinion of the coach, he/she was not able to finish the season because of circumstances beyond his/her control. Grades are not considered beyond an individual's control.



- The Spirit Line will consist of a minimum of three individuals. The mascot is not considered a member of the Spirit Line. To cheer at home events, only two members are needed. To cheer at away games, a minimum of three individuals must be present.
- The Spirit Line will normally perform at football, boys and girls basketball and AIA approved Spirit Line competitions. The Spirit Line will **only** travel to state and perform at the above mentioned events.

### **Tennis:**

- A participant must play on the varsity level (top 6) for more than half the season. Also, the participant must complete the season.
- In the case of injury or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to his/her active participation, if in the opinion of the coach(s), the athlete would have earned the award under normal circumstances.
- If an individual quits before the season is over he/she will not receive an award unless, in the opinion of the coach(s), he/she was not able to finish the season because of circumstances beyond his/her control. Grades are not to be considered beyond an individual's control.

### **Track:**

- A participant must win 10 points during the regular season or qualify at the district meet to go to State, or be a member of a first place relay team at the state meet.
- In the case of injury or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to his/her active participation, if in the opinion of the coach(s) the athlete would have earned the award under normal circumstances.
- If an individual quits before the season is over he/she will not receive an award unless, in the opinion of the coach(s), he/she was not able to finish the season because of circumstances beyond his/her control. Grades are not to be considered beyond an individual's control.

### **Volleyball:**

- An individual must participate in one-half (1/2) of the season's total games.
- In the case of injury or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to her active participation, if in the opinion of the coach(s) the athlete would have earned the award under normal circumstances.
- If an individual quits before the season is over she will not receive an award unless, in the opinion of the coach(s), she was not able to finish the season because of circumstances beyond her control. Grades are not to be considered beyond an individual's control.

#### **Fourth Year Award:**

- Upon the recommendation of the coach(s) and with the approval of the athletic director, any participant who has been in any one program for four(4) years but failed to receive a varsity award shall receive such an award his/her senior year.
- In the case of injury or if a person enrolls in school late, the coach(s), with the approval of the athletic director, may award the athlete according to his/her active participation, if in the opinion of the coach(s) the athlete would have earned the award under normal circumstances.

#### **Student Manager, Scorekeeper and Statistician:**

- Upon the recommendation of the coach(s) and with the approval of the athletic director a certificate for the sport in which they participated, may be awarded.

#### **DRESS CODE** (Applies to Middle School)

We encourage students to take pride in their attire as it relates to the school setting. Students should dress in a manner that, in addition to the following guidelines, takes into consideration the educational environment, safety, health, and welfare of self and others.

Clothing with obscene, or derogatory language or symbols of sex, drugs or alcohol are expressly prohibited.

Shorts and skirts must be tailored. Shorts, skirts and dresses must fall five inches above the middle of the kneecap or longer. Bare midriffs and back are not permissible. For example, halter-tops, spaghetti straps, fishnet and or jerseys worn without T-shirts underneath are not acceptable. All shirts, blouses or tops are to cover the entire midriff and back. This includes shirts worn under overalls, halters tops, backless, string ties, crop tops and low cut, or spaghetti straps. Sleeveless blouses and shirts are acceptable as long as they come to the end of the shoulder. Tank tops will not be permitted at any time if they do not follow the above rule for a sleeveless blouse or shirt. Also clothing with gaping parts that expose the back or sides will not be allowed. Altering clothing in any manner that violates this policy is unacceptable. The student will be asked to change. Skirts, mini skirts or shorts that are deemed distracting by the faculty or staff will not be permitted. Pants and shorts must be hemmed and worn around the waist so as not to show the undergarments or flesh. No sagging! Pants should not extend beyond the heel. Clothes with holes or frayed hems are not acceptable. In the interest of student safety, shoes must be worn at all times. Jewelry shall not be worn if it presents a safety hazard to self or to others. Belts must be tucked in belt loops with no "tails" hanging out.

Headgear of any kind will not be allowed in campus buildings. This includes but is not limited to sunglasses, caps, hats, helmets, headbands, hairnets, or visors. Due to the inherent risks to both the safety and the educational environment, bandanas will not be allowed on school property.

Additional dress requirements may be required by individual teams/coaches.

#### **DRUG AND ALCOHOL USE** (Applies to Middle School)

If during a season an athlete is caught in the possession of or in the act of using any form of alcoholic beverages or tobacco (smoking/chewing) by any of the school coaching, administrative or teaching staff for the first time, he/she will not be allowed to participate in the game immediately following the offense. On the second offense, the athlete will be dismissed from the squad for the remainder of

the season. If a student is caught in the possession of or in the act of using drugs may result in immediate dismissal.

## **DRUG TESTING POLICY**

The District has adopted a new drug testing policy for students who are participation in extra-curricular activities. Please refer to the policy on pages 17 and 18. If you have any questions or concerns, please contact administration.

## **DISCIPLINE** (Applies to Middle School)

St. David School coaches are expected to exercise effective disciplinary actions needed concerning any member of a team, line, or squad. Disciplinary actions which call for suspension of a participant from competition must have the approval of the administration. Participants will not be dropped from the team, line, or squad without a scheduled meeting involving the parents of the participant, the participant, and the coach. If the coach removes a player from the team, the athlete and their parents may appeal to the Athletic Council.

## **ELIGIBILITY**

In order to emphasize academics and maintain a proper perspective relative to extracurricular activities, St. David High School will adhere to the following procedures concerning eligibility.

When you are participating in any school sponsored extracurricular activity, you are expected to attend all of your classes the day of the activity. Exceptions may be made on an individual basis.

For the purpose of extracurricular activity eligibility, St. David High School will be on a weekly grading period. The ineligibility will last the academic week, from Monday to Friday. If a student turns in a green slip during the academic week, the student is eligible to play on Saturday. Eligibility status starts over at the beginning of each semester.

A student is first placed on probation for a one-week period. If the student fails to make up the deficiency, she/he is then placed on the ineligibility list the next week. Once a student is placed on the ineligibility list she/he will remain there until the 3 steps listed below under student responsibilities are completed. The student is eligible to play on the following Saturday.

Participants shall maintain a passing grade in all their classes with no more than one "D" grade, and be progressing toward graduation. If the student has not met the requirements after the probationary week, the student will be ineligible. Probation status means a student may practice and play. Ineligible status means a student may not dress out, suit up, travel with team, etc. Extracurricular activities are those activities sponsored by the district for which no credit towards graduation is given. In some classes such as music, activities are divided between extracurricular (festivals, competitions) and those that are an extension of the classroom (concerts, field trips) as determined by the responsible school official.

Student eligibility may also be forfeited for severe or continued discipline issues. This consequence may only be given by an administrator.

### **Teacher Responsibilities:**

- Email all new "D's" and "F's" to the office by 12:00 PM each Friday.

- Evaluate each student weekly. What happens in class on Friday carries over to the following week.
- Work turned in by the student after 3:00 PM on Wednesday may not be credited until the following week.
- Notify student if their current grade puts them on the “D” or ineligible list.

#### Student Responsibilities:

- Turn in all makeup work by 3:00 p.m. Wednesday.
- Take the “Eligibility Reinstatement Notice” or green slip to the teacher for the teacher’s signature.
- Take the “Eligibility Reinstatement Notice” or green slip to the office on Friday. This must occur before a student is removed from the ineligibility list.
- Know current grades by speaking to teachers or by checking their grades on the computer.

#### Office Responsibilities:

- Prepare the “Ineligibility List”
- Distribute to coaches/teachers by Monday morning.

#### Coach’s Responsibilities:

- Inform participants of their status (probationary or ineligible) on Monday.
- Orient the athletes as to the policy, procedures, and responsibilities.
- Check on the academic progress of students.

#### Parent Responsibility

- Review school grades via Home Logic weekly. Parents can access Home Logic at [www.stdavidsschool.net](http://www.stdavidsschool.net). For Password, contact the Principal’s office. A computer will be available for parents in need of connectivity during normal business hours.

### **EQUIPMENT RESPONSIBILITY** (Applies to Middle School)

All athletic equipment is owned and given out by the St. David Unified School District. It is on loan to the student athlete to be used for practice and games. A fee will be charged on lost items. Athletic equipment is not bought if paid for after it is lost. The office will give back item fee if the equipment is found and returned minus the fine for late equipment return fee plus penalty.

An athlete is responsible for all equipment checked out to him/her. This equipment must be turned in at the end of the season (within 3 school days). **If the equipment is lost or the athlete fails to return the equipment, he/she will be charged an amount equal to the cost of the equipment or replacement value.** Also, the athlete will not be allowed to compete in any other sports until this equipment responsibility has been taken care of.

If an individual fails to check in his/her equipment during the three-day grace period, they will be charged one dollar per day for the next six school days. If the equipment is not checked in at the end of the tenth school day, and it is still in the individual’s locker, the coach will collect the equipment and the individual will be charged an additional ten dollars for this service. If the equipment is not in a locker and the coach has to implement further procedures to insure the return of the equipment, an additional five dollars will be charged to the student athlete and the parents will be notified.

## **EQUIPMENT TIME TABLE FOR CHECKING IN**

<b><u>Time Schedule:</u></b>	<b><u>School Days:</u></b>	<b><u>Fine or Penalty:</u></b>
Season Ends	0	None
Equipment returned	1 – 3rd	No Penalty
Equipment returned	4 – 9th	\$1.00 Fine Per Day
Equipment returned	10th	Fine & \$5.00 Penalty
Equipment not returned (found in individual's locker)		Fine & 10.00 Penalty

If an individual quits a sport, it is his/her responsibility to contact the Head coach and check in his/her equipment. If the coach is not notified, he/she will start marking time from the first day the individual failed to appear for practice or a game.

The individual will be given the same time restrictions as given to all individuals at the end of the season. This will also apply to individuals who are cut from the squad.

Remember, athletic equipment should not be worn at any time except at practices and games. Special permission must be given by the coach to wear it at other times.

### **FEES** (Not Applicable to Middle School)

The cost of the entire extracurricular program of St. David Schools is well over \$100,000 per year. This expense has been borne by the District and will continue in the future, but parents and athletes are expected to support these extracurricular activities by the following:

Each participant in the extracurricular program must pay a \$40.00 (per season) fee for High School or a \$35 (per season) fee for Middle School, one week before the first scheduled practice.

**Note: Any athlete that has a severe financial hardship may apply to the Principal for a waiver of part of these fees. It is expected that every athlete should try to earn at least part of these fees.**

Optional athletic pass for any student K – 12. This pass will pay for entrance to all high school athletic events except those sponsored by the A.I.A., such as playoff games. The cost is \$20.00 per year regardless of when purchased.

### **INSURANCE**

Students participating in contact sports (football) must be covered by insurance. This may be a family's hospitalization policy or individual coverage.

The school does not sell insurance, but we do make available insurance information that will cover the student while he/she is at school or on a 24- hour basis.

### **JOINING OR DROPPING A SPORT**

If an athlete quits a sport, or is suspended from the team before the season is finished, he/she may not go out for another sport until the season of the sport he/she quit is over.

Exception: Prior to the end of the first two weeks of scheduled team practice a student may change sports with the written consent of the two coaches involved. After the two weeks any other changes must be approved by administration.

If a student would like to join a sport/team after the first two weeks (from the time the team has held their first practice) they must receive approval by the coach and by administration. Prior to participation in games or tournaments the athlete must meet the minimal conditioning requirements of ten practice sessions or more if the coach determines it is necessary.

## **MULTIPLE SPORT SEASONS**

During seasons when more than one sport is offered, a student will be allowed to participate in only one.

•Exception—(does not apply to Middle School sports) Students may participate in track and another sport offered during the spring season. The following conditions must be met:

- Student must **notify** both coaches and the Athletic Director.
- Students must have the permission of their parent or guardian.
- Student must identify which will be their primary sport in the event a conflict arises.
- In order to participate in games/matches/tournaments, the student will be required to meet a practice requirement weekly as set forth by the coach and approved by the Athletic Director.
- Students interested in participating in more than one sport must join both teams during the first two weeks of practice or receive clearance from AD/Principal.

Coaches are to submit team rosters to the principal's office at the start of the third week of practice. Mrs. Meracle then verifies that each student athlete has been cleared medically and that all necessary paper work is completed.

## **PARENTAL PICK UP OF ATHLETES UPON RETURN TO CAMPUS**

(Applies to Middle School)

Parents are expected to pick up their students promptly after the school transportation returns the athletes to campus. The coaches may not leave the campus until all the athletes have been picked up by responsible parties. Coaches may not transport student's home in their private vehicles. A parent who fails to make transportation arrangements for their athlete may cause the athlete to be removed from the team. Two warnings will be issued at a maximum prior to this removal.

Students will be allowed to make phone calls to parents from the school, but it should be the exception, not the rule. The master schedule will list the estimated time of arrival back to school which the parents should plan on unless they get a phone call to the contrary. Buses are equipped with cellular phones, which will be used by the adult supervisor to alert parents of any last minute changes to the return time.

Parents have the responsibility to be in the parking lot waiting for their athlete if they are picking someone up.

The middle school student trips mid-week will not involve after game stops to eat, get a drink or use the restroom. The only exception would be at the coaches' discretion after a post-season tournament or on a weekend. Coaches should inform parents of these stops.

**PENALTIES FOR EJECTION (as per AIA bylaws, school rule may be more severe)**  
**A coach or player ejected from a contest for any reason shall be subject to the following without appeal:**

First Violation - Ineligible for the next regularly scheduled contest at that level of competition and all other contests during that interim at any level. Any person ejected from a contest shall not participate the remainder of that day.

Second Violation - Ineligible for the next two regularly scheduled contests at that level of competition and all other contests during that interim at any level.

Any person ejected from a contest shall not participate the remainder of that day.

Third Violation - A similar infraction of Article 17, Section 17.3, Paragraph 17.3.1 (Ejection From A Contest) of the AIA Bylaws by the same player during the same season will result in cessation of the season for the player concerned.

End-Of-Season Violation - If a penalty is imposed at the end of the sport season and no contest remains, the penalty shall be enforced at the beginning of the subsequent season of competition in which the coach or player participates, regardless of the sport.

**Leaving Bench Area** - When two or more persons (including coaches, non-playing contestants and nonparticipating school personnel) leave their team's bench area to initiate a confrontation, or during an altercation in progress the following shall occur without appeal:

- The contest officials shall eject any person they determine to be in violation of the bylaws already stated.
- The contest officials may terminate the contest.
- If the contest is terminated, the team(s) that left the bench area must forfeit the contest and record a loss.
- If the contest is terminated during a tournament or post-season play, the offending team(s) will be removed from further tournament or post-season competition.

Further penalties may be imposed against the offending team(s) by the AIA Executive Board, as set forth in Article 17, Section 17.1 of the AIA Bylaws (Ejection From A Contest).

**PHYSICAL EXAMS**

Physical examinations are required for all students each year they participate in interscholastic activities.

Any athlete, while an active participant, who requires the service of a doctor because of injury or illness must furnish the Head Coach with a medical clearance form, signed by the doctor, before he/she may return to active participation.

## **SPORTSMANSHIP RULE**

In an effort to promote the high standards of Pursuing Victory with Honor, St. David School will enforce the following participation rule:

- A student athlete that has received an unsportsmanlike foul or technical foul during a game will be removed by the coach for the remainder of the game. If it occurs a second time during the same season the student will receive a multiple game suspension.
- A student athlete, their parent, or coach, may appeal these consequences if they feel that there is strong visible (video) evidence that demonstrates that the athlete was not involved in the unsportsmanlike conduct.
- A student athlete that is ejected from a game will serve 2x the consequence that is required by AIA bylaws.

## **TEAM RULES**

Each coach is expected to provide the principal and members of their squad with a copy of the rules that govern their practice, game and travel.

## **TRANSPORTATION (EEAE-EA) (EEAE-R)** (Applies to Middle School)

All participants representing St. David Schools must ride to and from all school activities in transportation provided by the district. In special situations, participants may ride to the activity with their parents provided the parents contact school officials to make arrangements in advance of the activity. Participants may ride home with their parents following an activity provided arrangements are made in advance with school officials or the parents see the coach personally at the activity and make arrangements to take a participant home (only their own children).

All school regulations governing student behavior on regular district bus routes will be in effect plus the following:

- Students may get on or off the transportation vehicle when their sponsor or coach instructs them to do so or at the time their sponsor or coach so designates.
- The only equipment allowed on the bus will be that equipment that applies directly to that activity.
- While on the bus individuals may:
  - Talk as long as it does not disturb another individual.
  - Sit in the seat in a manner, which will not cause unusual wear on seat.

When both boys and girls are on the bus/van: Ladies will sit with ladies and will normally sit in the back of the bus/van. Men will sit with men and will normally sit in the front of the bus/van. The Head Coach has the prerogative to switch the seating assignments of the boys or the girls, but his/her staff must sit between the groups as minimum of supervision. When two vans are taken boys will ride in one van and girls will ride in one van.

Athletes will dress and groom appropriately when formally representing St. David School.



## Consent Form

Each student who participates in an extracurricular activity (as defined in Policy JJIE) and the student's parent or guardian are required to sign and return the Consent Form prior to the student's participation in any activity. A student who fails to sign and return the Consent Form will not be allowed to practice or participate in any extracurricular activity.

### Testing Program

Students participating in any extracurricular activity will be subject to random drug testing at the beginning and during the respective activity season. Before random drug testing begins, an orientation session will be held by appropriate school personnel to inform students of the testing procedures, privacy arrangements, and other pertinent information to assist students in understanding the process.

On a periodic basis during the course of the school year, a sampling of current extracurricular participants will be drawn for drug testing through a random selection process. Initial testing will be done with an over-the-counter screening test, conducted under the direction of the school nurse. Only if the screening test demonstrates the presence of illegal drugs will a confirmation test be done by sending a urine sample to a certified testing laboratory, which follows the standards set by the Department of Health and Human Services and is certified in accordance with the Clinical Laboratory Improvement Act (CLIA) and/or the Joint Commission of Accreditation of Healthcare Organizations (JCAHO). A second sample will be available for the student's parents to submit for independent testing, should they so desire, and at their expense. Any student who refuses to submit to random drug testing, or who deliberately avoids testing, will be in violation of the District Random Drug Testing Policy and will immediately be removed from the respective extracurricular activity.

### Testing Procedures

The initial drug screening test shall be performed by the school nurse or under the school nurse's direction, using a portion of the provided sample of urine. Only if the drug screening test shows a positive result for the presence of drugs will the balance of the urine sample be divided into two samples, one for the student and/or the student's parents or guardians for testing at an independent lab of their choosing and at their cost. The other sample shall be sent for testing to a certified testing laboratory hired by the District.

The District will hire a certified testing laboratory to assist in training the school nurse and the school nurse's designees on providing an appropriate collection protocol and on how to supervise the chain of custody. All aspects of the program will be conducted in a manner that is designed to minimize the nature of intrusiveness during collection of the sample, while insuring an accurate chain of custody.

### Confidentiality and Statistical Reporting

Test results will be kept in confidential files separate from the student's educational records and will be released to District employees on a need to know basis. Except for the purpose of parent/guardian disclosure, District employees who may have knowledge of the results of a random drug test will not release the actual physical results of the test unless directed to do so by a court of competent

jurisdiction or upon receipt of a lawfully issued subpoena and after notification to the parent/guardian of the subpoena. District employees may only share their knowledge that a test was failed with law enforcement officers and then only to the extent necessary to comply with A.R.S. §13-3411.

#### Consequence of Positive Finding

If use of drugs is confirmed through the random testing program, intervention by school personnel will be initiated in the form of parental involvement, referral for counseling, and/or other measures deemed appropriate to promote the student's rehabilitation and positive behavior modification.

Additionally, the student who is the subject of the intervention shall be excluded from participating in any present or future extracurricular activity until the student and/or parent has presented proof of enrollment in a drug counseling and/or rehabilitation program and the student has presented a clean drug test. Notwithstanding the above, a student who has tested positive for drugs and who wishes to continue to participate in extracurricular activities may also be required to continue to provide "clean" drug tests for the duration of participation in any extra-curricular activities, if, in the sole discretion of the District, it is deemed to be in the best interests of the student and/or the other students participating in the activity/activities. The additional tests shall be paid for by the student and/or parent/guardian.