

August 13, 2020

Dear parents of St. David Unified School District,

Welcome to what is going to be an amazing year! With the interesting situation of the Covid-19 pandemic, we just wanted to make you aware from the standpoint of the health office a few important things to be aware of.

First, please review with each child the importance of regular hand washing. This is the #1 way to prevent infections of any type. Soap and running water is the best. When this is not possible, hand sanitizer is a great option! In the first couple weeks of school, we plan to review hand washing with the elementary students, but there is no substitute for teaching life skills, such as this, at home.

Second, with us opening up on the 17th, we have a great **responsibility** to prevent the spread of Covid-19. To date, the governor has mandated the wearing of masks. We are requiring that children and staff without medical or behavioral conditions, wear masks. This is a precaution that hopefully will be short-lived, but for now is to help keep everyone healthy.

And last, this is very important, if your child is running a temperature at home, please, please, please, do not send them to school! If they are coughing or sneezing (this being a new issue, not chronic allergies), please, please, please, do not send them to school. We are temperature checking each child at the beginning of the day. **If the temperature is over 100.4 degrees at any point during the day, they will be isolated until they can be picked up.** The very best method to prevent the spread of any disease, is to not have it on campus. We know that everyone is super excited to be back to school and so we **MUST** be vigilant on this to keep the school open.

Some symptoms of Covid-19 are: fever, chills, cough, shortness of breath, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting or diarrhea. These are obviously symptoms of many conditions but err on the side of caution and use your parent-feel for how your child is acting/feeling.

Also, understanding that parents are working, **please have appropriate childcare arranged so that if your child wakes up sick on any given day, you do not have stress or feel like you have to send them to school sick.** The health of our children, teachers and community counts on you to be responsible in this matter. If your child has a fever, please keep them home until 24 hours fever free. Thank you so much for your help in this!

Again, It is going to be a great school year! We look forward to working with your children! We are all so happy and grateful to be back to school. Lets work together to stay healthy.

Sincerely,

Aubri Jacquez RN and Lori West, CNA (Health office team)