



Our Lady Queen of Peace Parish *Elizabeth Ministry*

Following the example of Mary and Elizabeth, we visit and share the sacredness of all life.

What is Elizabeth Ministry?

Elizabeth Ministry is an international movement designed to support women and their families during the joys, challenges and sorrows of the childbearing years and beyond. Elizabeth Ministry's mission is to cherish children, encourage families, and build community. We offer peer support, mentoring, spiritual nourishment, as well as educational and inspirational resources.

Our Mission:

To offer support and encouragement to women in the childbearing years through peer ministry and faith sharing in a variety of life situations, including pregnancy, miscarriage, births of multiples, crisis pregnancy, or birth, infertility, and adoption support.

Who Are We?

A core group of women volunteers who have ourselves experienced the joys, frustrations, and sorrows surrounding motherhood, and who have heard God's call to come together and minister to other women in like situations.

You can help Elizabeth Ministry by:

- Joining the core team to help plan and organize the growth of this ministry in the parish
- Signing up to be an Elizabeth Ministry volunteer giving peer support to other women (training and guidance provided)
- Making blankets for newborns of our parish
- Sign up to be contacted to make meals for new parents or families in need during crisis
- Visit women in the hospital to offer concern and support on their journey into parenthood
- Add me to the E-Mail prayer line for women in need of prayer during crisis pregnancy and birth

If you're interested in being a part of the Elizabeth Ministry, or if you are a woman in need of support from the Elizabeth Ministry, please contact **Teresa Spevacek in the Pastoral Care Office at 231-4617.**