Welcome to WellStyles!

How to sign up and take advantage of WellStyles in 2016?

1. JOIN THE WELLSTYLES PLATFORM

- **Navigate to** http://wellstyles.shapeup.com
- **Click Join Now** and verify your eligibility with your UHC ID
- **Register** with your information, choosing a username and password you can remember

2. EXPLORE WELLSTYLES

- **Activity Hub –** These activities were chosen specifically for you, based on your profile and rewards program.
- **Tracking –** Set goals and track your activities. You can also sync a device or download the ShapeUp App
- **Supporters –** Find colleagues and friends to connect with. Cheer them on towards their goals!
- **Rewards –** Earn rewards for completing healthy achievements! Rewards programs will run until the end of June
- **Questions?** Contact Participant Support using the Help button

3. HAVE FUN!